



# The INSIDER

An Independent Newspaper  
For Wynmoor Residents

VOL. 1, NO. 4

MAY, 2017



## SPOTLIGHT ON Selma Bass

By Insider Staff

The Insider wants to honor Selma Bass who is a member of the Wynmoor Community Council Management Committee.

Selma grew up in Brooklyn, New York and after getting married, lived in Brooklyn for 15 years raising three children.

She and her family moved to Florida in 1976 and lived here for 17 years until a job transfer for her husband required the family to move to Texas where she lived for six years.

In 2001, Selma moved back to Florida and became a resident of Wynmoor in 2003. Since moving to Wynmoor, Selma has become her Building Director, Wynmoor Community Council representative and President of Lucaya II. After

being elected to the Management Committee of the Council, Selma was elected as the third Vice President. Selma also serves on the Board of the All Year Round Club at Wynmoor.

Besides devoting a great deal of her time to helping residents of Wynmoor, Selma also serves on the board of her local temple.

For enjoyment, you can find Selma playing Mah Jongg, watching the Opera or attending a Democratic Club meeting. Besides her three children, Selma also has five grandchildren and two great grandchildren.

Selma Bass has devoted many years and a great deal of her time volunteering on many boards to help Wynmoor residents and Wynmoor Village become a better place to live.



## Farewell Luncheon, Honoring HAROLD GOLDBERG



Wynmoor residents honored Harold Goldberg last month at lunch in the Wynmoor ballroom.

Goldberg, who was the President of the Wynmoor Community Council for many years, recently stepped down from his position. Members of the Wynmoor

management team, employees and residents paid tribute to Harold Goldberg for all of the time and dedication of his service to the community. The Insider would like to thank Harold for everything he has done to make our community a better place to live.

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Happy Mother's Day!



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1603 ABACO B3	\$124,700	\$119,000	56
2404 ANTIGUA D2	\$77,000	\$75,000	37
1903 BERMUDA L4	\$95,000	\$91,000	9
1501 CAYMAN K2	\$179,700	\$173,000	12
2005 GRANADA J4	\$97,000	\$94,000	4
2201 LUCAYA F1	\$85,000	\$76,500	25
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We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or **legibly** printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of **The INSIDER** and will not be returned.

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ARTICLES OF INTEREST	450 Maximum

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the passing of Carl Weissman on March 9th in New Jersey. Thank you so much. It helps to know so many people cared.

*Marilyn Dennett*

### Did you know that there is a Water Olympic Class?

I did not know until I had to go to the Security

# Mailbag

### Dear Friends and Neighbors,

I am deeply moved by all the cards, donations and phone calls made to me on

Office on Avenue of the Stars, behind the Main Pool Area. I saw a Water Olympics Class going on. I wanted to join the class but had no idea how. My children have been pestering me to join some activities since my husband passed away after fifty-two years of marriage. Water Olympics seemed the thing I would be interested in. I drove myself to the Main Pool and asked "Where do I sign up?" No need to sign up, just show up 9:30 AM, Monday thru Friday – FREE, No Fee. It's the best.

Today, I went for the first time. I really do need it. I am so out of shape. I plan to make this my daily routine. See you there.

*Maralyn Wallace*

# Security News

Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules.

First Offense: \$25.00 Fine      Second Offense: \$50.00 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

### Your Security Alarm System

If you unit DOES NOT have an alarm system, contact Protection One at 954-956-9625. The office is located in the Main Security Building. Unit owners should also be aware that the Emergency Systems DO NOT work with MagicJack, U-Verse or Voice-Over IP (Like Vonage).

### Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

**Make sure your guest have I.D.s ready when approaching the gate for proper verification. Make sure your guests have the NAME and ADDRESS of the resident they are visiting.**

### Important Numbers

For Medical Emergencies Always Dial 9-1-1.

Security, Emergency: .....	954-978-2663
Automated Gate Access: .....	954-978-2666
Security Dispatch: .....	954-978-2667
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Protection One:.....	954-956-9625
Coconut Creek Police, Non-Emergency:.....	954-973-6700

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Theatre Complex:....	7:00 AM - 11:00 PM (unless there is a specific approved event)

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# CONDO LAW

By Mark Bogen

## Q and A



**Q** We recently had our election in our condo association and there was a tie between two owners running for a seat on the board of directors. How do we break this tie?

**A** If there is a tie for a seat on the board, the association must send a "notice of runoff election" within 7 days after the election. This new notice will inform the owners that there will be "runoff" election to break the tie. The new notice must include a new ballot with the tied candidates' names, the candidates' information sheets (if they provided one to the association), as well as inner and outer envelopes. The runoff election is held in the same manner as the original election. The runoff election must occur between 21 and 30 days after the original election.

★ ★ ★ ★ ★

**Q** My next door neighbor is using their unit as a hotel. Every couple of weeks there are new occupants who stay for weeks at a time. Shouldn't the board be doing something about this?

**A** First, the board must have the authority in the association's governing documents to approve or reject person(s) who will be residing in the unit or renting or occupying the unit for a certain amount of time. Without such authority, the board has nothing to do. Second, if the governing documents do give the board the authority to approve or reject people staying in the unit, the next step would be to send a letter to the owner stating that they must obtain approvals for renters or any person occupying the unit to be in accordance with whatever the association's

governing documents state. Third, if the owner does not comply with the association's letter and is still violating the governing documents, the next step would be for the association to file a lawsuit to obtain something called a permanent injunction, which is a court order instructing the owner to do or not do something, such as violating the association's governing documents by allowing unapproved occupants or renters. If the owner violates the court order, the court may hold the owner in contempt, which could result in fines or even jail.

★ ★ ★ ★ ★

**Q** I am selling my condo unit and the title company asked for a letter stating how much I owe on my unit. The association provided the letter but required a \$100.00 fee be paid. Is this legal?

**A** Yes. If the closing does not go through, however, the Association must return the fee.

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**Q** Our condominium has several employees, including a full time manager. I asked to see the association records however, I was told that I was not allowed access to the payroll records of our employees. Is that true?

**A** Personnel records of association or management company employees, including, but not limited to, disciplinary, payroll, health, and insurance records.

★ ★ ★ ★ ★



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# HISTORY CORNER

By Phil Edwards

## An Unmarked Grave



An unmarked grave laid quiet in Ft. Pierce, Florida. In the ground, laid a woman who rose from the bottom and soared to the top through determination, hard work, incredible talent, and a wild-crazy spirit. She was recognized as the “Queen of the Renaissance” in the 1920s in New York City, but spent her last days scrubbing floors and dying alone in a St. Lucie County welfare home, before being buried in The Garden of Heavenly Rest Cemetery in Ft. Pierce. Zora Neale Hurston’s story begins in 1891, when she was born into a family of eight in Alabama. Her father and mother moved to Eatonville, Florida, which became the first incorporated black township in the United States. Her father was carpenter, clergyman, and three-time mayor of Eatonville. Her mother died when she was thirteen years old. Her father quickly married another woman, whom Zora did not get along with, and, at fourteen, Zora was out on her own. She landed a job with a traveling troupe of Gilbert and Sullivan, where she worked as a maid.

Zora Neale Hurston continued to work at various jobs until she could afford go to school, with the help of scholarships. As the only black student at Columbia University, Zora earned a BA in anthropology and worked in the field for a number of years. However, it was her writing and her social life that brought her fame and condemnation from both whites and blacks. Zora had two husbands. The first marriage lasted just over two years and the second lasted less than eight months. She was a lighting rod for the social scene in New York during the Harlem Renaissance. Her partying, love affairs, and affinity with voodoo painted part of her portrait. The rest of her portrait was filled in with her writing, lecturing, and research. Interestingly, her positions against racism juxtaposed with her stance against integration, which brought approval and reproof from both white and blacks.

Regardless of what folks thought of her, she was admired and respected for her brilliant writing. Though she wrote many academic pieces, her novels captured the hearts of Americans. Every major literary critic in the country praised

her work. She was referred to as, “The High Priestess of the Vernacular.” Her most famous novel, “Their Eyes Were Watching God,” is a story of a young black woman with dreams and a whole life ahead of her. As she begins her journey into womanhood, she experiences the realities of the real world. Her adjustments to life, her setbacks, and her acceptance of life as it is, makes her an indomitable character who brings excitement and passion to life. The story is written using the dialogue of southern black culture. It is a vivid and articulate representation of the culture at that time. While most reveled in her writing, some in her community criticized her because she depicted the culture so well; they felt it made the African American community look deficient.

In the late 1950s, Zora moved to Ft. Pierce and worked as a librarian, substitute teacher, and maid. Hard times fell on her and she began to experience health problems. By this time, most had forgotten her writings and contribution to America. She died alone in a welfare home and was buried in an unmarked grave.

Shannon Thornton writes, “In 1973, when Alice Walker discovered the unmarked grave of Zora Neale Hurston and read her stories, Walker made an active choice to befriend the spirit of Hurston. Hurston was an influential writer in the Harlem Renaissance, but most of her work was out of print by the time she died in 1960. She was a forgotten writer until Alice reached through the mists of time, blew the dust away from the covers, and re-introduced Hurston’s work into American literature.”

Zora Hurston’s gravesite is now graced with a befitting marker. Yearly, festivals honor her work while scholarships and endowments in her name are given to deserving recipients. Zora’s story has generated numerous plays and a made-for-tv movie. They pay honor to her creative and determined spirit. Past articles posted by “the Insider” and other articles by Phil can be read and responded to at: [curlymonkey.net](http://curlymonkey.net) Type the web address into the URL address space. Look forward to hearing your comments.

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# Pen to Paper



Pen to Paper continued from page 7

## A Writer's Sensitivity to His Society

By Frank Lemco

A concerned writer must be disciplined at looking at what is important to write about. Through the eye of his pen, he should communicate his inner vision, which he has by necessity, become sensitized to the mores of society. He will allow us to read the comparison in fundamental differences between fictional and factual modes. His poem or story should image the innocence of children—their lack of self-consciousness; their whole-hearted pleasure, in whatever their experience provides. Even the ugly and the repellent, and the traumatic loss of that innocence. His writings might also evince pain and concern in the hearts and minds of adults, where impotency and self-loathing diminish their efforts of healing and correcting the injustices of society.

When poets wish to present the experience of living in the world as it actually is, even in its sorry state, they often turn back to a natural scene, where the world looks very much like an Edenic garden. But a closer view shows us that things are not always what they ought to be. This is evidenced in some poems of e.e.cummings, G.M.Hopkins, and Emily Dickenson. In Dickenson's poem, "A Narrow Fellow in the Grass," the white dimpled spider and the narrow fellow in the grass are somewhat sinister. In cumming's poem "In Just-," the focus shifts from the happy awareness of children to the self-consciousness of the observer. In Hopkin's poem, "Spring and Fall," there is a sense that a lovely youthful Spring time will change to Fall, the altering seasons foretelling the coming of Winter, signifying age and death. Desperate escapes into forgetfulness and selfishness are attempted at the same time, where it is acknowledged that escape from responsibility is near impossible, because what has fallen is not so much the world as most worriedly the human self. Yet there is too, the excitement as well as the pain of the poetic experience, which comes from the way the actual world is constantly set in memories of an ideal world, where all was once pure and perfect, as in Eden; and where no poetry, as we know it, would or could have been written.

Is there a perfect 'ethical' world? I would like to be convinced that

there might be. Socrates devoted most of his life in pursuit of which, some philosophers have chosen to title as ethics. Since ethics is the science of human conduct, and an inquiry into our moral behaviour, each of us must learn the rules that ought to govern our human actions, our humanity, and basic kindness for those who are indigent and less fortunate.

It is posited that man has been imbued with self-will and a stubborn continuation. Thus, there should be the commitment by concerned souls, described in Hebrew, as "Tikkun Olom," which is the obligation to repair and heal the world. Let us then, as writers, try to align ourselves to this worthy enterprise.

## I Have A Very Serious Problem

By Peter Hardis

For as long as I can remember, I have suffered from a serious problem. I know that you must be wondering why I would be sharing such a personal matter with you. The answer is pretty simple; I am hoping that perhaps after sharing this with you, there might be someone reading this who will be able to help me.

When I was growing up my parents did everything they could to try to solve my problem but sadly to no avail. They took me to child psychiatrists, neurologists, psychologists, and even to a rabbi. None of these people could figure out what caused my problem and much less how to correct it.

I honestly hope for your own sake that this is a problem that you do not have. It is so serious that the impact from it on one's life can be devastating in the so many ways. Establishing new relationships with other people is nearly impossible. Keeping relationships that you might have luckily established is very difficult to do. Engaging in meaningful conversations with others rarely ever happens and being able to get a second date with women you are attracted to is nearly impossible.

It would really surprise me if you didn't already figure out what my serious problem is, but if you didn't by now, I think I owe it to you to tell you what



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# Pen to Paper



it is:

Apparently, my very serious problem is that I just never ever seem to be able to get to the point!

## Awakening

By Frank Lemco

Morning came on breezes of dreams, a pleasure more fleeting than dew as the northern Canadian summer sun rose slowly in the sky.

I felt the morning before I recognized it; from beyond the closed window blinds came the sounds of people chatting, working and living. The sounds laced themselves among my dreams, finally drew tight their fragile strands of reality, and pulled them gently from sleep.

I cracked my eyelids a slit, and then blinked wide as I tried to recall where I was. I looked at my wife alongside me and confusion turned to relief. I knew now why my recurring nightmares hadn't visited me last night.

Propping myself on my right elbow, I gazed at her face. Her near-grey hair shone with a radiant light, where a morning sunlight spilled through the slats of the blind. She smiled faintly in her sleep. Possibly experiencing the beauty of our love as life had intended.

Thus I put aside my imaginings with nothing more than a rewarding smile on my own lips, with a certain fortitude to meet the day.

## A Golf Story

By Joseph M. Smith

The Tivoli Theatre in Glasgow was packed to the rafters. The orchestra was playing exotic belly dancing music. Three nubile dancers were performing on stage; their arm movements, rippling down from shoulder to finger tips, were hypnotic. The crowd was aroused.

Dressed in a grand red coat with gold braiding an Indian Fakir, with a blackened face made his entrance. His gold turban was adorned with a white feather cockade and his slippers turned up at the toes. In a broad Glasgow

accent he announced to the expectant crowd that they were about to witness the world's greatest illusion, no less - **The Famous Indian Rope Trick.**

For the demonstration, a thick rope was brought out and a little boy, wearing a white robe and matching turban joined the Fakir on stage. His face was also blackened and his accent again, strong Glasgow. The stage was set.

After failing three times, an assistant hidden above was able to catch the rope end thrown up to him from the stage. Then, secured to a hidden beam above the stage the rope stood vertical, straight as an arrow. This was a signal for the Fakir to start dancing around the rope while playing an Indian flute. He completed seven circuits, then the boy started to climb the rope slowly. Dramatically, upon reaching the top he disappeared in a puff of blue smoke. The crowd roared its approval. There were a few catcalls.

So much for the baffling **Indian Rope Trick**, we now switch to the equally mysterious **Disappearing Wedge Trick.**

My golfing partner, Bruce is a hardy Maritimer from Cape Breton. He is accustomed to the passage of Nor'easter storms that turn their attention to Atlantic Canada after wreaking havoc in New England. Bruce thrives on bad weather.

Playing in last year's Fall Classic Golf Tournament, conditions were deplorable. Rain was coming down in sheets; players were dressed like lifeboat men; golf club grips were slippery.

On the 18th hole, Bruce hit his drive into the woods. Lining up his next shot under the trees, our hero hit a wedge shot towards the green.

"Where did it go?" he shouted. "Where did it go?"

"Into the sand trap," I replied. "Into the sand trap."

"Not the ball," he shouted back. "Where did the club go?"

Search as we may, there was no sign of Bruce's pitching wedge. Every bush, every thick patch of rough, even the cars parked were diligently searched. I lent him a spare wedge that I had in my locker.

The next day, Bruce, still in search mode, was to be found combing the area under the trees at the 18th hole. He loved that missing pitching wedge. Emile, another club member, had a brilliant suggestion:

*Pen to Paper continued on page 10*



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# Pen to Paper



Pen to Paper continued from page 9

“Do a simulation of the incident,” he suggested.

So Bruce dutifully went to the exact spot under the trees. There he swung my wedge and released it at the end of his swing. Neither Emile nor Bruce saw where it went. Again the area was combed with negative result. Bruce had performed a **Disappearing Wedge Trick** a second time. He was becoming good at it.

Trees are abundant in Eastern Canada; there are few places on Earth with as many. Maybe Siberia, it's bigger. As winter threatens, tree leaves change color and the landscape assumes a mantle of incredible beauty. All color ranges of red, orange and yellow are there, plus many other hues. Tourists come from afar to view the spectacle. Some artists spend a lifetime attempting to reproduce the colors.

The leaves are dying; they have done their time and are doomed to flutter down to the ground there to be blown around by the winds.

One more time, the sugar maples around the 18th hole of my golf course are reluctantly shedding their leaves. The process is gradual but inevitable, dictated by the sun's pathway through the heavens. Soon the trees are bare.

From the clubhouse balcony, two golf clubs can be clearly seen lodged in the upper branches of a particular tree. Bruce's Disappearing Wedge Trick has been solved. Like the famous Indian Rope Trick, there is always an explanation.

## Immortality

By Morris L. Jampol

The dictionary defines immortality as “not subject to death, imperishable, constant, enduring, and everlasting.” Many people and things remain immortal to me in life.

My family, parents, siblings, children, grandchildren, greatgrandchildren all remain immortal in my mind. I can think of them every day of my life.

The teachers, who played such a significant role in my learning days. I can still remember the names of some from elementary school, more from high school, and many from college and graduate school. They may not

have realized how important they were to me and how great they were as role models and educators.

My students, scores of whom I was privileged to teach. Their anxious inquisitive minds helped me stay young in spirit and fresh in academic knowledge.

My patients, who trusted me to play such an important role in their personal and physical lives. They taught me more about their hopes, aspirations and feelings than I could ever learn from books.

My friends, not many in number, but all helpful and important in maintaining a happy balance between family, work, and play.

Nature and the environment I love so well. As a youth I learned to love the trees, flowers, birds, and all other creatures. As a sailing enthusiast, the weather, oceans, winds, and skies brought me endless days of happiness.

Books, the great writings of others are a source of knowledge and pleasure in the comforts of your own home. They are waiting for us anxious to be read.

So immortality constantly surrounds us. All we have to do is to recognize it.

## The Very best Advice

By Peter Hardis

I think it must have started when I was either 16 or 17 years old. For some unexplained reason, maybe because I was very handsome or maybe because I was very very handsome, family members, friends and acquaintances would come to me for advice. Here's a good example; I remember the time when I was 17-1/2 when my brother-in-law came to me, “Pete I need your advice. I suffer from premature ejaculation and it is ruining my marriage with your sister. What do you think I should do about it?” Not even knowing what premature ejaculation was I said to him, “I think under the circumstances maybe you should go out and buy yourself a parachute.” He could not thank me enough and as he put it, “That was the best advice anyone ever gave me!”

Because I wanted to make sure that the advice I was giving out was only the very best advice I could possibly give I began to research the kind of



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# Pen to Paper



advice the “experts” were advising those letter-writers who were sending their letters to the most followed and widely read advice columnists. So I began reading every advice column I could find. Just to name a few Rose Franzblau in the *New York Post*, *The Ladies Home Journal*- “*Can This Marriage Be Saved?*” Ann Landers, Dear Abbey and of course Dr. Ruth.

After reading so many of these advice columns I began writing to these advice givers my own comments about what I thought would be better advice than the advice they were giving to those seeking their advice. One day when I was 24 one of the most popular of the advice givers called me. “I just cannot believe how intelligent and insightful you are. Just to give you an example, you were absolutely right about my answer to Martha. I should have advised her what you advised me to advise her. Your comment ‘I think that you should just consider moving to Siberia all by yourself without your children because apparently it looks like to me that you don’t have the skills needed to raise children’ would have been so much better for her than what I advised her to do. Then this advice giver told me, “Pete, because I am so overwhelmed with all the hundreds letters I receive each day seeking my advice, would you be willing to give your advice, of course on a pay per advice letter and I’ll make sure that they will be added to my column with the stipulation that your advice will have to be under my name.” I immediately agreed to take her up on her offer and for the next 7 years I did that for her until she died.

So at this point I would like to share with you very shortened advice comments I made to advice seekers that were actually printed in her advice column in the newspaper:

- Tom, “it’s so obvious that you made a horrible mistake marrying that woman. Unfortunately because as you indicated to me that you are a devout Catholic, ‘for better or for worse’ I’m afraid you will be stuck with this maniac

for the rest of your life unless if by chance she should happen to meet up with an unfortunate accident, if you catch my drift?”

- Barry, “because unfortunately as you indicated you weren’t blessed the way so many other men are I would advise you to get the longest car they manufacture and hopefully this will make up in some way for your deficit.”

- Roberta, “I am so sorry that you had to go through such a terrifying ordeal. No woman should have to put up with getting a bad haircut. I would advise you to not leave your house until you look normal again.”

- Sweetheart Emily, “you are absolutely right that your mother could be the biggest jerk in the world. After all, she did drag you to the supermarket and forced you to be there for over an hour while she shopped. All you asked her for was to buy you a quart of rocky road ice cream. Are you serious, your mother said no to you because you are so fat? What kind of mother do you have? I advise you to go immediately to the Department of Child Services and get a restraining order against your mother. Please, you must take care of this as soon as possible before you put on another 5 pounds!”

So, as you can see by the examples of the unbelievable advice I gave to those people, you will have to admit, that I know what I’m talking about. When I give advice to people seeking my advice, I would like you all to know, that if you find that you are having any problems which you just can’t seem to be able to resolve, then I advise you to seek advice.

After reading this, I am sure that you must have come to the conclusion that there is no one better able to give you advice than me! Unfortunately, I will not be available to give you my advice for quite a while because right now I have my own problems that I have to deal with and try to figure out the best advice I can advise myself.

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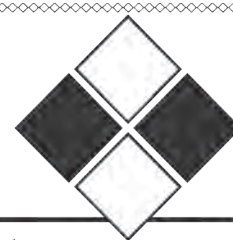
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# What is Probate?

By Martin Zevin, Attorney

Probate is a formal court proceeding to distribute assets when a person dies. Probate can occur with or without a Last Will and Testament.

Probate is necessary in Florida when a person dies, owning any type of property (real estate, stocks, bank accounts, etc.) in his or her name alone, without any named beneficiaries. For example, if a husband and wife have a joint bank account and one of them passes away, there will be no probate necessary because the survivor still owns the account. However, if the survivor then passes away and has not named a beneficiary on the account, that asset would have to be probated. A bank will allow you to designate beneficiaries with a form called "payable on death," "transfer on death," or "in trust for." Similarly, if a person has a

brokerage account, either in joint names or with a named beneficiary, that account will not have to be probated, but will go automatically to the beneficiary upon the death of the account holder. Therefore, it is possible to avoid probate on most assets by simply designating beneficiaries.

However, real estate is different. It is not advisable (for legal and tax reasons) to add children's names to a Deed. If a home is owned jointly by a husband and wife, and they both die, their heirs will need to go through the probate process. While the property is tied up in Probate, expenses must continue to be paid. This includes taxes, maintenance, utilities, etc.

Probate in Florida generally lasts about a year. It involves filing the original Will (if there is one) and preparing initial pleadings requesting that the Court appoint the Personal Representative designated in the Will in a court Order called "Letters of Administration." Once



the Letters of Administration are issued, it is required that there be a publication in the newspaper, primarily so that any creditors can put in a claim against the Estate. This would include credit card debt, unpaid hospital and doctor bills, unpaid funeral expenses, etc. Florida law requires that no assets can be distributed for the first ninety days from the date of first publication. If the only asset that is being probated is the home of the deceased, the Court can be petitioned to declare the property "homestead," thereby exempting it from claims of creditors.

Florida Law entitles an attorney to charge up to 3% of the gross value of the assets that are being probated. A lawyer can charge less than the 3% but not more if the fee is based on a

percentage. Lawyers can also charge an hourly rate if the client (the Personal Representative of the Estate) agrees to substitute the hourly rate for the percentage. However, it is definitely preferable to agree to a specific percentage, which may be negotiated below the 3%; otherwise, there is an unlimited ceiling for an hourly rate.

The entire probate process can be avoided by creating a Revocable Living Trust and transferring, via a Deed, any real estate owned in Florida (or other states) to the owner as Trustee of the Trust.

This article summarizes some of the general aspects of the probate process and how to avoid it with a Revocable Living Trust. I offer a free consultation for all matters regarding Wills, Trusts, Probate and Estates. Please feel free to contact me at 954-569-4878 or 954-977-4878. My address is 3275 W. Hillsboro Blvd., Suite 204 (just east of Powerline) Deerfield Beach, Florida 33442. My website is [www.martinzevinpa.com](http://www.martinzevinpa.com) and my e-mail address is [martinzevin@netzero.com](mailto:martinzevin@netzero.com). **Ad on pg. 17**

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# Financial Focus®

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## Financial Gifts – and Tips – for New Graduates

It's Graduation Season again. If your child, or grandchild is graduating from high school or college, you have reason to celebrate. But what should you give to your newly minted diploma holder? You might want to consider offering a combination of financial gifts and tips, which, taken together, could set your graduate on a path toward a successful, independent life.

What sort of gifts and tips should you consider? Here are a few ideas:

• **Give a few shares of stock.** Everyone should understand the financial markets and how they work. One great way to encourage this interest is to give your child a few shares of stock. Young people enjoy owning a piece of a company that makes the products and services they like – and the very act of ownership can inspire them to learn more about investing and to ask questions: *What causes the stock price to go up or down? How long should I hold this stock? Should I own several stocks like this one, or is it better to branch out to find new opportunities?* Over time, in learning the answers to these and other questions, your child can become familiar with investing and how to make the best choices.

• **Encourage your graduate to open an IRA.** Your child can open an IRA as long as he or she has some earned income. You might want to suggest that your child consider a Roth IRA, which, at the child's age and income level, may be a good choice. With a Roth IRA, children can access their contributions at any time, tax- and penalty-free. They can't touch the earnings without incurring both taxes and penalties, however, until they reach 59½. But you will want to encourage them to keep the money in their IRA intact, giving it

the chance to grow.

• **Provide some financial education.** Unfortunately, most young people don't really receive any kind of formal financial education. Of course, you can try to provide some of this knowledge to your own children, but, as you know, advice from Mom and Dad sometimes gets ignored. However, you might get better results if you arrange for your recent graduate to meet with a financial professional. As mentioned above, owning stocks, and following their progress, can teach your children a great deal about investing, but a financial professional can paint the "big picture" and explain how all aspects of money management – such as borrowing, budgeting, saving and investing – fit together to help individuals stay in control of their finances and make progress toward their important financial goals, such as buying a house and retiring in comfort. Recent graduates, whether leaving high school or college, are at "turning points" in their lives and can benefit greatly from understanding the importance of developing good, lifelong financial habits.

Most of us can think of several money-related mistakes we've made over the course of many years. And your children will make some errors, too. But by providing them with some appropriate financial gifts and valuable advice upon their graduation, they may well be better prepared to keep those mistakes to a minimum – while maximizing their ability to make good decisions.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. See ad on page 11.*

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### ANNUAL COLOR WAR EVENT

By Violet Howard: Tuesday, March 21st Color War. The WLGA had a super time.

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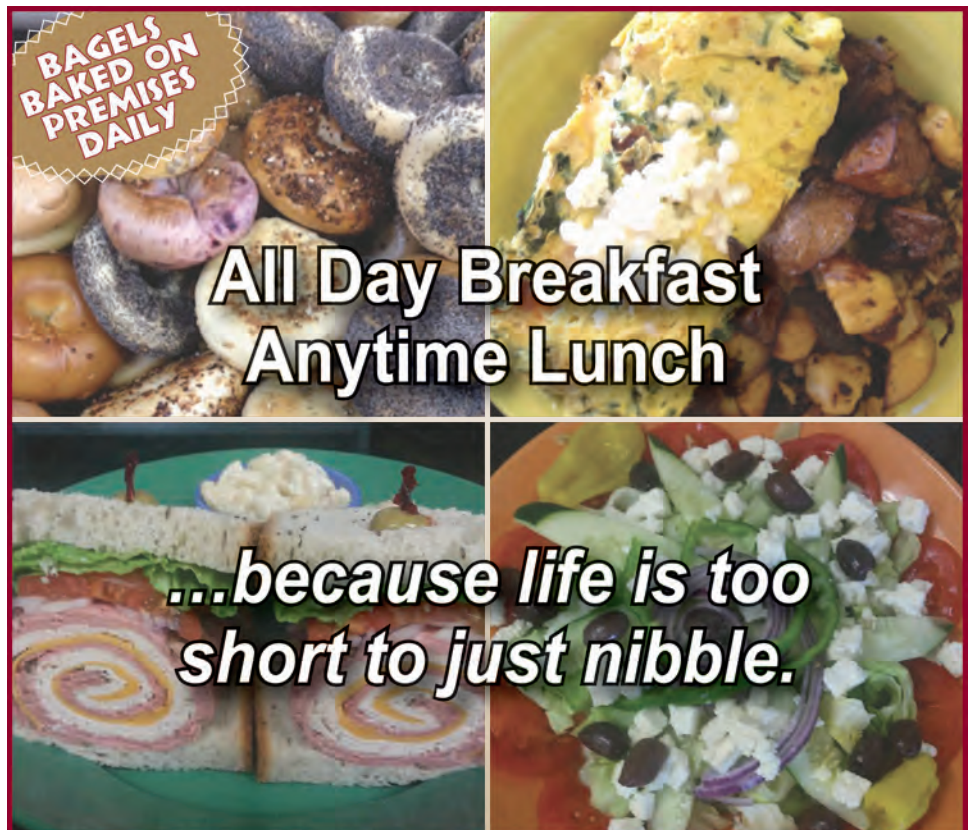


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## Under The Lights

By Jo Ann Perreault

The Wynmoor Tennis Club WTC and Team Night Tennis TNT cosponsored a Doubles Clinic on Thursday April 13<sup>th</sup>, featuring our Wynmoor Tennis Pro, Timothy Neilly.

The event was an opportunity to bring the day and night tennis players together "Under the Lights" to work on doubles play strategy. The main court was turned into a show court with Tim providing instruction and critiquing of play, while the players rotated on to the court. Players continued to play throughout the evening trying out their new doubles skills following the night tennis format.

Team Night Tennis, has been a structured evening tennis program, with play on Monday, Tuesday & Thursday since 2006, and is coordinated by Jo Ann Perreault and Dennis Levans.

Players warm up from 6:15-6:30 PM and play starts at 6:30-8:00 PM. The program charges \$1 per night on Monday and Tuesday and does not charge on Thursday. New players are our guests the first time they play. The event is set up as a scramble with rotation of play every four games.

The turnout for the event and feedback from the players is very encouraging. Team Night Tennis is available to Wynmoor residents with basic tennis skills throughout the year. Come on down to the tennis courts, meet new players and have some fun.

Team Night Tennis has a bulletin board at the tennis courts featuring notices and events for the night tennis program.

Team Night Tennis (TNT) is dynamite.

## The Liberal Jewish Temple

By Joan Sampson

To all you wonderful Moms, Grandmas and Great-Grandmas, the Temple Board Officers and Trustees join me in wishing you a very happy Mother's Day.

Although mid-May brings a close to South Florida's busy and super-active season, so many of us who are here all year round have made it a great place to be – even during the hottest part of the summer. All the theaters are open, activities in Wynmoor continue, and our Temple continues to have services every other Friday evening at 8:00 PM. Everyone is invited to hear Rabbi Steve Texon's beautiful baritone and learn a lot of interesting Torah trivia not taught in Sunday Schools....at least not in my Sunday School!

For the dates of services in May and June call Iris Arlan at 954-532-5268 or Ronny Sydney at 954-973-7522. They'll be delighted!

## Wynmoor Resident Wins Silver Medal in Margate Senior Games

By Diana Esposito

Gisella Slaughter, a resident of Wynmoor, was a contestant in the Margate Senior Games. The games were sponsored by the Recreation Department of the City of Margate, Florida, and were open to seniors who are 50 years and older. Gisella is a member of the Wynmoor Bowling Club and bowls three times per week. She also does lawn bowling as well as bocce. On March 10, 2017, the bowling tournament began. Gisella bowled very well and was up against other accomplished bowlers. However, Gisella was able to bowl well enough to make it to the semifinals and then the finals, where she won the silver medal.

Congratulations to Gisella for games well played!

## Computer Security

By Patrick O'Brien

If either Microsoft or Apple offers you an update to your current operating system or any program, make sure it is truly coming from that source since malicious actors can make offers look official. Once you are sure the offer is legitimate, accepting the update may well help protect your device. These updates are the means by which most companies correct security flaws.

Sometimes, however, updates from the actual company may be problematic. Many people tell me they were not happy with updates/upgrades to Windows 10. Security may improve, but the company may have put in elements that are good for Microsoft but not for customers. Some Apple users have voiced similar complaints. If the update is coming from the company, you have a reasonable expectation of assistance in dealing with a problem, if one arises.

Talk to friends and or family members *before* you need computer help. Who do they use? How do they get help? This way you can calmly make good decisions about how to proceed when a problem does arise.

*Primary rule:* Never let *anyone* you don't know into your computer. You may as well give your house keys to a stranger.



# LIVING IN BALANCE



By Debbie Cohen, LCSW

## Cultivating Healthy Habits

Did you ever take a pen out of your desk, try to write and then stick it back in the drawer because it was out of ink? Why do we do that? I think it has to do with our habits and that we hate throwing things away!

Habits can help us to move in a positive direction. But, there are also habits that hold us back or even keep us stuck in a rut. Certain habits are self-destructive and lower energy. What are some ways we can get motivated to create or sustain good habits and decrease or eliminate the unhealthy ones? Erasmus said, "A nail is driven out by another nail; habit is overcome by habit."

First of all, take a little time to watch your daily habits for a few days. What are some parts of your routine that you like and think fruitful? Are there other routines that you find drag you down? Why do we at times sabotage ourselves when heading in a productive direction? Don't judge yourself, but just observe and write down your habits across a few days.

A lot of people beat themselves up because they say they know they "should" exercise but won't. Think realistically about what form of exercise you'd like to do and also the amount of time involved. If you push yourself to do a form of exercise you dislike, you can end up resisting it and quitting. Starting with a twenty-minute walk can give you a sense of accomplishment which builds up an interest in increasing fitness. When you begin with something too extreme or challenging, you can get discouraged or feel deprived. This happens often with dieting patterns as well.

Steven Guise said, "Doing a little bit each day has greater impact than doing a lot in one day."

I've talked to people who only exercise at a gym, but others prefer to follow a program on television, DVD or even mall walking. When you pick something, you like to do, you are more likely to stick with it. If you skip a day or two, don't beat yourself up. Instead, have compassion and then start over in a few days when you are ready. You lose days if you are self-critical because this can lead to paralysis and negative circling.

Catch judgments such as, "Watching TV is bad." It is often our **relation** to an activity that's the problem and not the activity. For instance, a TV show can stimulate a lot of reflections about love, the search for meaning or something profound. On the other hand, if we are watching TV to numb ourselves or for hours or to zone out, it is less fruitful. It's all about balance, but remember that we do need to rest our minds too!

There are some habits we engage in because we've copied our parents or other significant people in our lives. We have the ability to **choose** whether we want to repeat the patterns or not. For instance, I was speaking with someone who said she sends food back in a restaurant often because her mother always did that. When she reflected on it, she realized that she really wasn't as particular about her food preparation as her mom. She saw this as a habit that wasn't part of her identity.

Did you ever put your foot into one of your old shoes and feel it pulls the foot towards the right side, due to how it was worn over the years? Our past habits can drag us in certain directions. This is why former addicts are often advised to avoid their old crowd of friends.

Seneca said, "The mind unlearns with difficulty what it has long learned."

What habits do you want to shed versus cultivate? Visualize the self you wish to become and see what habits support this direction. Be realistic, pace yourself and don't beat yourself up. Look at the habits you've changed over the years and appreciate this capacity with awe and wonder.

Debbie Cohen, LCSW, is a licensed social worker in Coconut Creek. Write her with questions or topics for future issues at quietmind2000@yahoo.com



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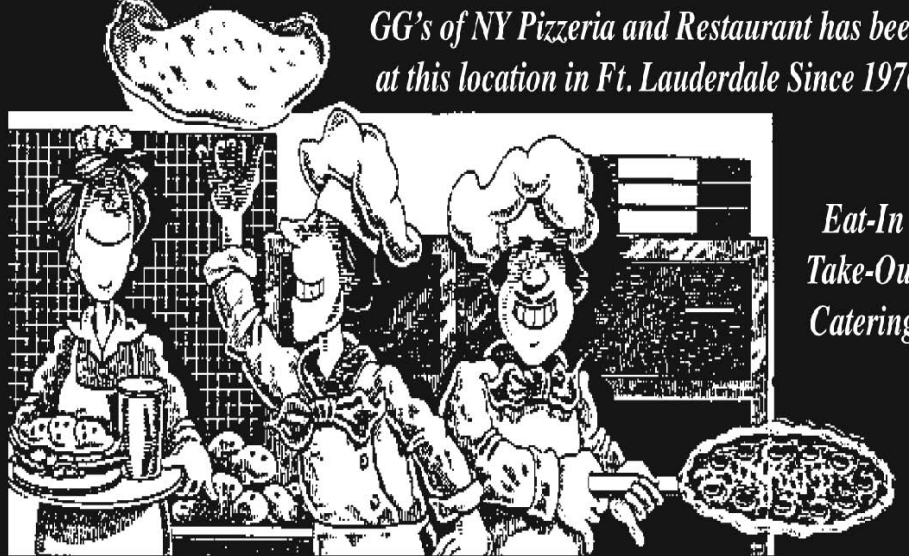
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# POETS *and* POETRY

If your poetry was not in this issue because of space, we will try to get it in the next issue. Our goal is to give everyone an opportunity to have their work published. All poetry will be printed as submitted.

## WHY AND HOW?

By Mel Berenson

Where the past and future collide,  
I can only say where I have been,  
not to where I shall go.  
Only through time, is time conquered.  
Words after speech, reach into silence.  
The burden of words will never stand still,  
They slide into oblivion.  
Only that which is living, shall eventually pass.  
Echoed ecstasies, long forgotten,  
of birth and death, experiencing,  
but missing its meaning.  
I sit here in these later years, attempting  
to consume each word, but each word  
becomes a wholly new commencement,  
or sadly, a wholly new failure.  
The things I have said, or not said,  
now shall I say, or not say, not  
knowing how to think, only existing  
within the fluctuating lights,  
responding to the momentary needs, uncon-  
scious of its impending destiny.  
Isn't everything in life like a boomerang?  
What we cast out, the wind sends back.  
The impotence of antiquity  
annihilated by the passing mirrors.

WHAT IS WORSE,  
AWARENESS OR DELUSION?

## What am I?

By Frank Lemco

I am a time in history,  
Peopled by many with need.  
My end is still a mystery  
Devolving as years proceed.

I see battles and wars;  
Know much terror and fears.  
See the settling of scores;  
With lamentation and tears.

I observe love and hate  
Evinced in a world we share.  
I see evil incarnate;  
Sacrifices beyond compare.

My time is full of tension;  
Uncertainty fills my day.  
People living with apprehension  
That better times may come their way.

Equity and respect in priority;  
To breathe and enjoy clean air.  
Purged of sickness and poverty;  
A productive life, always fair.

When my day has passed,  
History must record in treasury;  
That love and amity will last,  
Into the twenty-second century.

I am April 2nd, 2017

## The Interview

By Judith Bobker

It's not a pretty picture that you paint,  
But you have shown such admirable  
restraint,  
A childhood fraught with tragedy and grief,  
With abject misery beyond belief.  
The only family member to survive  
The crash caused by a man too drunk to  
drive,  
An orphan at the tender age of two,  
A heartless orphanage, the home he knew,  
And foster homes, where anger and abuse  
Were heaped upon him, at the least excuse.  
The schoolroom was his refuge and his joy,  
And teachers marveled at this brilliant boy,  
With haunted eyes and slightly shabby looks,  
So captivated by the world of books.  
His mastery of subjects was unique,  
And languages he swiftly learned to speak.  
One teacher soon became his cherished  
friend,  
The only one on whom he could depend  
To help him win a scholarship, so he  
Could study at the university.  
Could see him through each challenge in  
succession,  
'Til he ranked the top in his profession.  
The one to share his triumphs and his strife,  
To give the gift of meaning to his life.  
The only one to whom he gave his heart,  
And now, only in death, to be apart.  
She would have been so proud to see him rise  
And graciously accept the Nobel Prize.  
And heartfelt thanks from me and all my  
crew,  
For granting this amazing interview.

## Via Rail

By Frank Lemco

There's something definite about a trip by  
train.  
The single-tracked pursuit of a destination,  
on gripping rails of linear intention.  
To somnolent lull of a monotonous turbine,  
assuming the onus for every decision.

There is something transparent about a  
journey by train.  
No dissimulation at the outset is sought.  
No inns to distract, no wayside parking lot.  
Nor an unexpected adventure be got.  
Just assurance the quest will end where it  
ought.



## DAILY CREED

By Claudette M. Gooden

Life ... so short!  
Take heed  
All ill-will abort!

Forgive each day  
In the end  
It will pay

Be good  
Be kind  
Do all that you should

Live light ... feel free  
All that you can  
Be

Hope! Dream!  
Despite how hard  
It may seem

Life is yours to make  
From its teachings  
Take

Destiny is set  
Waste no time!  
No need to fret

You were born to succeed  
Heaven and Earth  
Hath agreed

## A Tribute To Our New President

By Mark S. Wallach

Wynmoor has a new "Queen Bee"  
and it's none other than our new  
President, Ms. Jackie

She always has a smile on her face  
regardless of your creed,  
nationality or race

The image of her warm smile will  
remain for quite a while  
because sometimes it can be  
seen for a "country mile"

Her energy knows almost no bounds  
and rarely does she NOT go  
15 championship rounds

She spearheaded a successful  
"Rally for the Cure"  
and all could see how her efforts  
were nothing but pure

Yes, it's a guaranteed lock  
that we have a new president,  
who is as solid "as a rock!"



## A MESSAGE FROM MARTY KIAR

As your Property Appraiser, it is my responsibility to ensure that all residential, commercial, and tangible personal property are valued correctly and to assist our residents in receiving tax saving exemptions. This makes certain that property owners pay only their fair share of property taxes – no more, no less. In these newsletters, I explain who is entitled to common exemptions, and who is not. For full information on exemptions, please visit our website at [www.bcpa.net](http://www.bcpa.net) or call us at 954-357-6904

\$77,458,906.54 and Broward County Revenue has collected \$53,336,099.24.

Since I took office in January 2017, we have investigated 2,617 reported cases of potential fraud resulting in 1,313 non-qualifying exemptions being removed from the tax roll and have back-taxed property owners not paying their fair share \$352,415.79. Most importantly our office's fight against Homestead fraud over the last decade has put billions of dollars of value back on the tax rolls ensuring that all properties are treated fairly across the board.

### STOP HOMESTEAD FRAUD

**HOMESTEAD FRAUD HOTLINE**  
**954.357.6900**

Property owners should only pay their fair share of property taxes. If they are entitled to an exemption they are not getting, then they are paying too much in property taxes and not their fair share. Conversely, any property owners receiving an exemption they are not entitled to, are paying too little in property taxes and not their fair share. If someone is deceptive in an attempt to lower his or her taxes

by claiming an exemption he or she is not entitled to, someone else has to make up the difference.

Once reported, our office will fully investigate each Homestead Exemption to ensure the owner is entitled to this savings. Property owners who intentionally cheat on Homestead Exemption can be back-taxed for as many as ten years, plus be required to pay a substantial penalty and annual interest.

Our anti-fraud work makes sure everyone pays their fair share and helps keep your taxes down. If you believe you have reliable information about someone engaging in Homestead fraud, (you may remain confidential) please call our investigators at (954) 357-6900 and we'll check it out.



I look forward to providing you with important information in the coming months. If my office can ever be of assistance to you, please do not hesitate to contact me directly at (954) 357-6904 or by email at [martykiar@bcpa.net](mailto:martykiar@bcpa.net)

Our office aggressively seeks to stop Homestead fraud. The Department of Professional Standards and Compliance works with city governments, homeowner and civic associations, and concerned members of the public to help identify tax fraud. Since October 6, 2004 the Broward County Property Appraiser Office has back-taxed property owners not paying their fair share

# Memorial Day Remembrance

Monday, May 29th

In the West Wing at 1:00 PM

A tribute will be given by the American Legion Post #170, to remember the men and women who gave their lives so that Americans may be free!

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# Smilestones

## I Want To Be A "Gentleman"

By Amy Wallace

I have two daughters, age 10 and age 4. One night, I took them and my oldest daughter's friend out to dinner. My oldest daughter's friend, who happened to be a boy, opened the door to the restaurant, like every good gentleman should do.

I then commented on what a wonderful gentleman he was and thanked him for opening up the door for us ladies.

At that point, my four-year-old enjoyed seeing the attention that he got, and then wanted to be a "gentleman" as well.

Now, every time we go out to dinner, my four-year-old daughter opens the door for, not only our family, but for EVERYONE that comes in the restaurant. She says, "I am a gentleman now" and truly loves her new title! She definitely has made our dining out experience that much more enjoyable and brings laughter to everyone around her!

## Bubbie's Bragging Rights

By Maralyn Wallace

Who doesn't think their grandchild is not the **best in everything** that they do? No one – so let me tell you about the greatest performances in a dance recital.

On Friday, April 7th at 6:30 in the evening, Coconut Creek Recreation division had their year-end dance recital for girls ages 3 to 13. My two little tap dancers, just to brag a little, didn't miss a step. They looked gorgeous in their costumes.

My 4 year old granddaughter, Jenna, couldn't wait to take her costume off and her big sister, Jillian, age 10, knew all the steps and performed beautifully.

I am extremely blessed to be close enough to enjoy every minute of my two beautiful and talented granddaughters.



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## The Perez Art Museum By Barry Isaac

First of all, the Perez Art Museum is a splendid work of exterior and interior architecture beside the beauty of Biscayne Bay. For those you who know me, I have a strong propensity toward paintings and works of Art from earlier periods (Medieval, Renaissance, Baroque, etcetera). Nevertheless, on a hot, humid April Fool's Day, I spent 5 hours enjoying Contemporary paintings, videos, and other works of Art at the Perez Art Museum in Downtown Miami. From its permanent collection, I saw fine paintings by Al Held ("Solar Wind," a splendid Geometric work, acrylic on canvas) Morris Louis ("Delta Eta," fine example of Minimalism), Polly Apfelbaum ("Mojo Jojo," work of Art on floor, she employed velvet and dye fabrics) Sean Scully ("Wall of Light, Rain", oil on linen by this prominent Irish painter), and Sue Coe ("Pinonchet," mixed media collage on paper, fine light effects, depicts the horrors of Fascism in 1990's Chile and the execution of dissidents), among others. I also saw fine creations from its permanent collection by Hew Locke ("Hemmed in Two," a ship made of cardboard by this Scottish artist), John Chamberlain (a work of Art made of automobile fenders, very metallic), and Charles Gaines ("Numbers and Trees"), among others.

I also saw fascinating videos temporarily on display produced by Susan Hiller (video with captions and sound showing dying languages of people worldwide such as; Wichita, Livonian (Latvian tongue), and Breton, exhibit ends on June 4, 2017), Ulla Von Brandenburg (video depicting white stairs which triggers gymnastic actions of performers, very surreal almost out of Marcel Duchamp, exhibit ends on June 25, 2017), and John Akomfrah (video which depicts Post Colonialism in Africa and the African diaspora by Ghanan born artist, ends on August 27, 2017).

Parking is available at this art museum for two dollars an hour, seniors receive a discount on admission, and there are lovely swings on the premises for children and those who wish to evoke fond memories of their childhoods.



**Ulla von Brandenburg**

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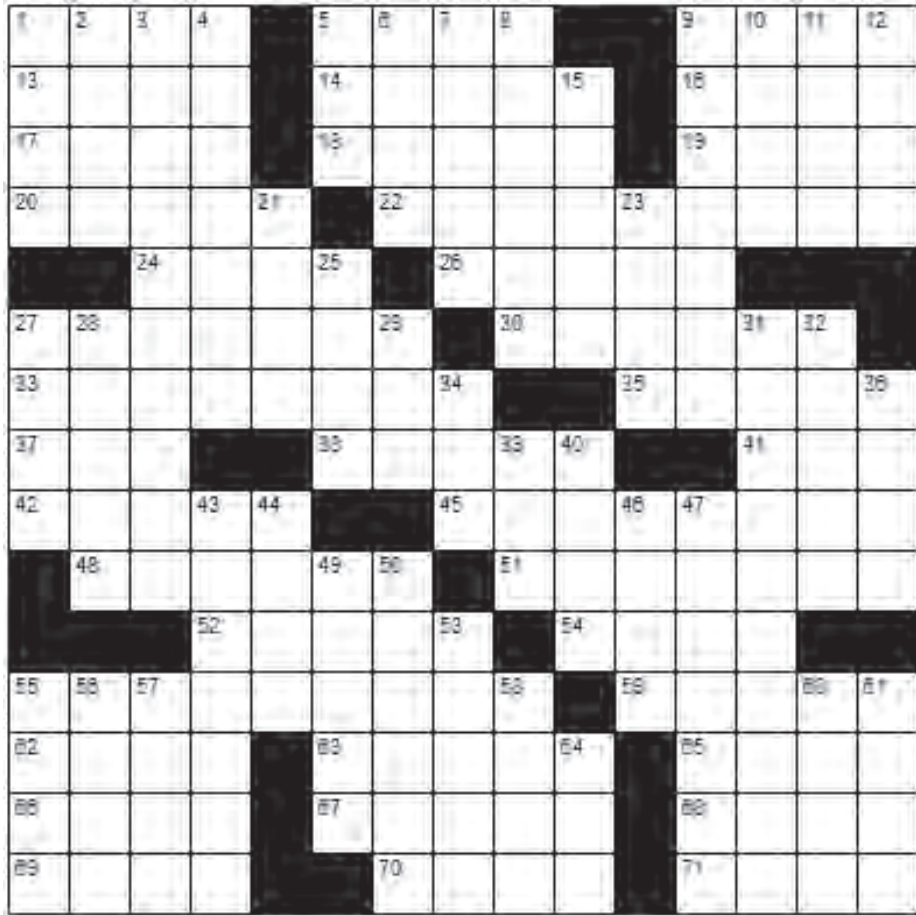
Broward 94-7595-tmx

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# Puzzles and Games

Solutions on page 54

## Crossword Puzzle



**ACROSS**

- 1. Short skirt
- 5. Breezed through
- 9. Vesicle
- 13. Biblical garden
- 14. Adulterated
- 16. Body of water
- 17. Pervert
- 18. Seasoning
- 19. Auspices
- 20. Challenges
- 22. Economics expert
- 24. By mouth
- 26. Climb
- 27. Part mortal and part deity
- 30. Ditch
- 33. Cantata
- 35. Different
- 37. Grayish brown
- 38. Twosomes
- 41. Genus of macaws
- 42. Come to pass
- 45. An empty boaster
- 48. Data input specialist
- 51. Murdering
- 52. Boast
- 54. Tropical tuber
- 55. Thence

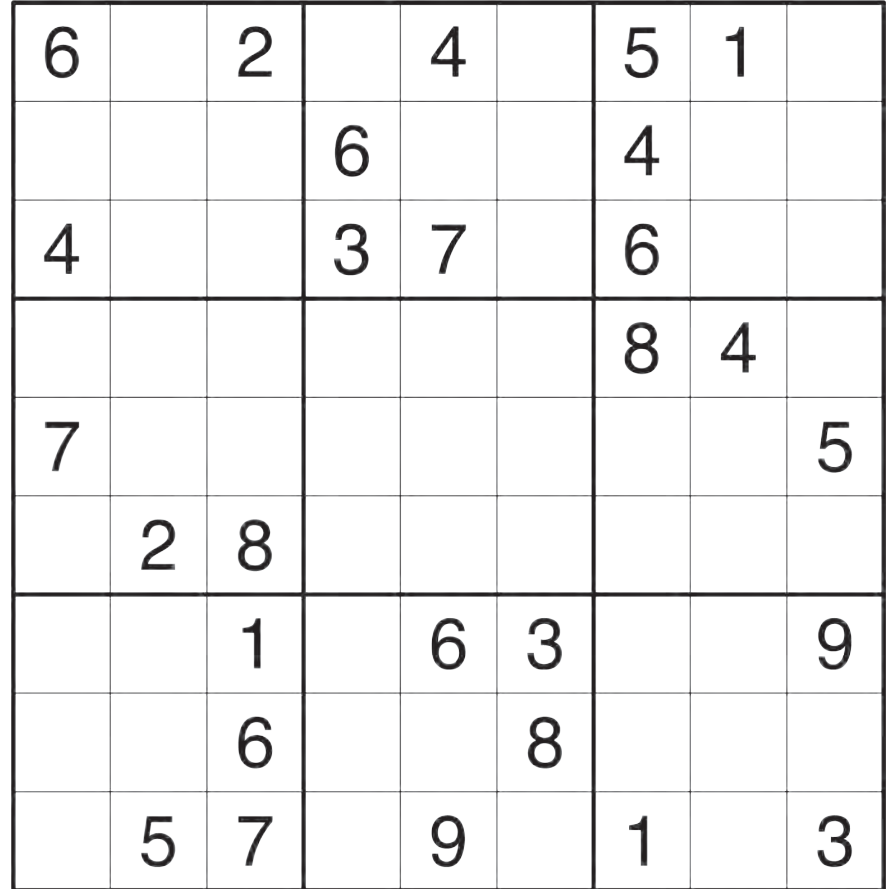
- 59. Friends and acquaintances
- 62. Emanation
- 63. Courtyards
- 65. Eccentric person
- 66. Its symbol is Pb
- 67. Impudent
- 68. Sister and wife of Zeus
- 69. Anagram of "Sees"
- 70. Thorny flower
- 71. Gait faster than a walk

**DOWN**

- 1. Blend
- 2. Bright thought
- 3. Conjuring up the dead
- 4. Receive from a predecessor
- 5. Commercials
- 6. Make do
- 7. Long stories
- 8. Extract the essence
- 9. Lenient
- 10. A sharply directional antenna
- 11. Slaloms
- 12. Exam
- 15. Macedonian monetary unit

- 21. Palm starch
- 23. Margarine
- 25. A titled peer of the realm
- 27. Extinct flightless bird
- 28. Spew
- 29. Do it yourself
- 31. Driver of a chariot
- 32. Long-necked bird
- 34. Buffoon
- 36. Telephoned
- 39. East Indian tree
- 40. Hissy fit
- 43. Improvement
- 44. Anger
- 46. Antiaircraft gun
- 47. Okay
- 49. Couches
- 50. Disagreeable woman
- 53. Body
- 55. Story
- 56. Colors
- 57. Historical periods
- 58. A young lady
- 60. Protagonist
- 61. Three-handed card game
- 64. Yes to a sailor

## Sudoku



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Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

## Las Vegas

Find and circle all of the words that are hidden in the grid.

E S F R E M O N T S T R E E T S S S S  
 L K S V I V A C A T I O N S S P L H T  
 P N N T S N A I C I G A M R R O E O E  
 L I O O E N S S S L C A O R E H P P F  
 A R I U P Y I R E O D T D R A S A P F  
 S D T R I E U A N G A I E A T W H I U  
 V N C I E O R C T N A S N C V M C N B  
 E I A S T N E F O N T I A I N E G G S  
 G G R T E R T S O A U E R E N S N R N  
 A H T S T I R E U R T O O R O G I D A  
 S T T S R E T R R U M N M N A N D E I  
 S L A Y P E A I B T S E I G E M D S D  
 T I P M N N G I R I A S R V N E E E E  
 R F I R T N R N G B A I U S S I W R M  
 I E S S O T U N I C E O N D T H R T O  
 P H O T E L S S N S S L A M O H O P C  
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- PLAYS
- TOURISTS
- COMEDIANS
- LAS VEGAS STRIP
- RESORTS
- TOURS
- CONCERTS
- LIGHTS
- RESTAURANTS
- TRIBUTE ACTS
- CONVENTIONS
- MAGICIANS
- SHOPPING
- VACATION
- DESERT
- MARRIAGES
- SHOPS
- WARM
- DINING
- MUSICALS
- SHOWS
- WEDDING CHAPELS
- DRINKS

## a WORD or Two

**Word:** ominous

**Definition:** being or exhibiting an omen; portentous; inauspicious

**Example:** Our fears about the picnic being cancelled were heightened by the sight of dark, ominous clouds appearing over the horizon.

**Word:** minuscule

**Definition:** very small

**Example:** The number of bugs in the latest version of the computer program is minuscule compared to the number that surfaced in the earlier version.

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# State Senator

## Kevin Rader

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**Dear Friends,**

I would like to introduce myself as your new State Senator for the Wynmoor Community. I was formerly a member of the Florida House of Representatives, District 81 from 2012 to 2016. I am now a member of the Florida Senate, winning the 2016 Senate race for District 29. The district encompasses Boca Raton, Highland Beach, Parkland, Coconut Creek, Belle Glade, South Bay and Wellington. I also represent parts of Coral Springs, Lake Worth, Boynton Beach, Delray and Greenacres. In Tallahassee, I have the honor of serving as an alternate Chair for the Joint Administrative Procedures Committee, Vice-Chair of the Agriculture Committee, a member of the Health and Human Services Appropriations, Governmental Oversight and Accountability and the Transportation, Tourism and Economic Development Committees.

In my non-political life, I am an Agency Principal at CKP Insurance, an independent agency in Boca Raton. I am a licensed Property & Casualty Insurance Agent (220 license) and a licensed Life Insurance Agent (216

license) in Florida. My area of expertise is insuring the nation's beekeepers and agricultural products. I am also very active in the Florida Association of Insurance Agents.

I am a graduate of Boston University with a B.S. in Business Administration, with a concentration in Accounting. I currently reside in Delray Beach, FL with my wife, Rabbi Amy Rader, and my four amazing children inspire me: Caleb, Ruby, Yael and Ezra.

As your new Senator, I look forward to working with the residents of Wynmoor on any issues or concerns that may arise. My staff currently holds office hours at the clubhouse, every 1<sup>st</sup> Tuesday of the month from 10:30 AM to 12:00 PM. You may either contact my office to make an appointment or visit during those hours. I look forward to continuing the hard work for District 29 and contributing to a successful 2017 Legislative Session.

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# Being Happier and More Optimistic is Good for Your Health

By Michael Roizen, M.D., and Mehmet Oz, M.D.

You have enormous power over your health. True, you cannot control everything -- unknown exposure to environmental hazards, unmodifiable genetic predispositions, random encounters with infectious agents or just plain bad luck -- but there's a lot you can do to maximize your health.

One area that you have far more control over than you may imagine is your attitude! Solid science demonstrates that feeling happy and optimistic reduces your risk of everything from heart attack to post-surgery setbacks. A positive attitude also improves your quality of life, even if you are diagnosed with something as serious as cancer, and promotes resilience, which helps you rebound if you do become sick.

One study looked at the outcomes of wound healing after hip and knee replacements, hernia surgery and a procedure to correct varicose veins. Patients with Amoderate anxiety and depression were about 1.2 times more likely to have wound complications post-surgery than more upbeat folks, and they were 1.2 times more likely to be readmitted to the hospital to deal with wound complications.

Optimists also fare much better in studies looking at heart disease, heart attack and stroke. A positive attitude correlates with healthier blood pressure levels: In a Finnish study, pessimists were three times more likely to develop high blood pressure than more optimistic folks. An American study found that the more positive the participants' outlook, the lower their blood pressure.

Optimists are 50 percent less likely to have heart attack or stroke, and have better scores for blood lipids. And they're half as likely to require rehospitalization after coronary bypass surgery. Among patients getting angioplasty, another study found that pessimists were three times more likely than optimists to have heart attacks or require repeat angioplasties or bypass operations.

The journal *Circulation* published a study that found, compared with pessimistic women, optimistic women had a 9 percent lower risk of developing heart disease and a 14 percent lower risk of dying from any cause after more than eight years of follow-up.

There's more: A 2006 study found that a more positive outlook was protective against respiratory infections. A Mayo Clinic study found that



people who have high anxiety have a moderately increased risk of developing Parkinson's disease decades later -- so do pessimists.

Why does attitude affect your health? Chronic pessimism dings the immune system and changes hormones levels throughout the body. In contrast, folks with a positive outlook have lower levels of the stress hormone cortisol and epinephrine, a healthier heart rate and blood pressure, and reduced inflammation, which is a big health hazard.

So, how can you improve your outlook? If your glass is rarely half

full, there are easy-to-adopt habits that will raise your spirits and improve your attitude. (If you suffer from serious bouts of depression or anxiety, try these steps AND consult a therapist who can help you resolve or modify such problems.)

1. Cut the Clutter. Research shows that cleaning up small messes, like the bills on your desk or making the bed daily, contributes to happiness because they represent "small wins" for your willpower.

2. Cultivate Gratitude. Regular expressions of gratitude promote optimism, better health and greater satisfaction with life. Take time to count your blessings. Try spending just one minute every morning thinking about the good things in your life. And do like Dr. Mike does: Write three thank-you notes every evening.

3. Consciously Look on the Sunny Side. Irritated that you have to stop at the grocery store on your way home from work? Focus on how lucky you are to be able to make a healthy, home-cooked meal.

4. Change your Wiring. Did you know that laughing -- even for no reason at all -- makes you happier? And listening to music that features a fast tempo and is written in a major key can cause immediate physical signs of happiness, such as a faster breathing. Dr. Oz shares a great playlist of tunes; Google "Dr. Oz My Happiness Playlist."

\* \* \*

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit [www.sharecare.com](http://www.sharecare.com).

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## Gulfstream Park and Casino Monday, May 8th

There's always something going on in the casino. Gulfstream Park is an entertainment destination featuring two casinos, shopping and dining.

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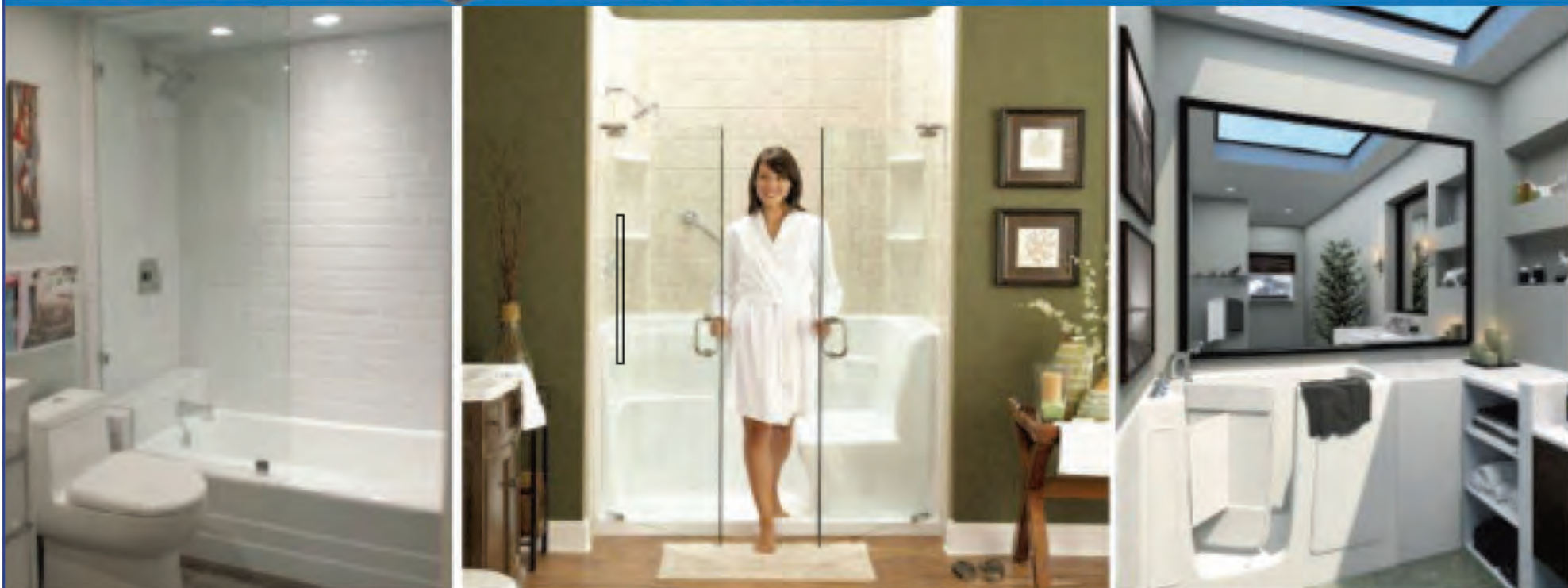
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# Clubs and Activities

## Actors Workshop

By Judy Bobker

We hope you enjoyed “*Those Were The Days*,” as much as we enjoyed presenting it. Have you ever had an unfulfilled desire to be on stage or back stage? Please join us in the Lecture Hall at the Country Club on Fridays, from 1:00 - 3:00 PM. You will find it a great and rewarding experience, under the guiding hand of our wonderful director, Marvin Keith. We welcome everyone. Info. – Judy – 954-973-4958.

## All Year Round Club

By Barbara Milkes

As we did not have our April meeting, due to the holidays, we give our members a belated wish for a Happy Passover and Easter.

Our next meeting will be Sunday, May 14<sup>th</sup> at 10:00 AM in Grand Ballroom A, for breakfast and wonderful entertainment.

Upcoming on Sunday, June 11<sup>th</sup>, from 11:00 AM-2:00 PM, we will be having a brunch. The cost is \$15 and you may call Selma 954-974-2336 or Sunny 954-984-0594 for further information.

Please remember, former and new members are welcome to join our club. Hope to see you soon!

## American Legion Post #170

By Ralph Trapper

The next meeting of American Legion Post #170 is scheduled for May 8, 2017 at 7:45 PM in the West Wing, located at the Theater complex.

We are planning to have a guest speaker for this evenings meeting, so look for meeting details on the meeting notice post card.

For additional information, please contact Don Schwiesow, Commander (954) 984-6070, or Ralph Tapper, Vice Commander (954) 561-4329.

## Ballet / Exercise Club

By Caryl Perlmutter

“Everyone is Beautiful at the Ballet.”

You will be too! Join us for class every Friday 10:00 -11:00 AM.

Improve your balance, posture and memory.

Music is great, choreography fine – a good way to exercise and socialize. Open to all. Contact Caryl 954-973-7740.

## Bens Friends Art Club

By Seli Riegler

Bens Friends Art Club has been in existence for over 30 years here in Wynmoor.

We are artists of all ages, male and female, who have had previous art experience.

We paint in all mediums and enjoy the camaraderie that we have in our club.

Our annual luncheon held recently, was a huge success and enjoyed by all. We will be holding our next sale of artist material in the near future.

Come check us out any Saturday morning between the hours of 9:00 PM-12:00 PM.

Member dues are a nominal \$10.00 yearly in which some of your dues paid is returned to you in the form of an activity of some kind during the calendar year. Feel free to contact Seli at: 954-956-8017.

## Billiard & Pool Club

By Bob Horowitz

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included; Karaoke night, comedy club night, group BBQ, Club Pool & Billiard tournaments, and other social events.

Our Last BBQ luncheon was held Sunday 3/26/2017. There were over 85 members there to enjoy the great food, thanks to Bill & Janet Brunie, and music by our own Bob Boudreau.

**Our Club Meetings;** where events are planned, ideas to improve the club are discussed, and members get to socialize are the 2nd Sunday of each month at 10:00 AM in the Multi-Purpose Room near the main pool. Refreshments are served. Please sign up at least one day in advance so we know how much refreshments to order. The cost is \$1.00.

For information about the Pool and Billiard Club, to join our e-mail list, or to sign up for an event or meeting; Email [WynmoorPoolClub@gmail.com](mailto:WynmoorPoolClub@gmail.com), or come into the room and look for event sign-up sheets or ask for Co-Presidents; Ralph Rubin or Bill Brunie or Vice President; Bob Horowitz. Annual Club membership is only \$5.00.

**Women Pool Group:** Tuesdays 2:00-4:00 PM, Beginners welcome! Format is first half hour for practice followed by 90 minutes playing pool with different partners in different games (straight pool, 9 ball, etc.). **This is a Social Event, not a league or tournament.** If you have questions, call Regina Kaplan, 516-236-1417.

## Wynmoor Pool & Billiard Room

All residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated-billiard tables and one regulation snooker table.

This club has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida.

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 AM-12:00 PM. Use of the room and tables is free to all residents and their guests.

## Bocce

By Diana Esposito

We're the Wynmoor Bocce Club. We love people, especially those that we get to know. The Bocce Club gets together every Thursday, weather permitting, to play bocce. While we play, we get to know each other and have fun cheering the other players on. The game is easy to learn and the more often we play, the more skilled we become. We're good at giving advice and love to help others learn the skills involved in playing the game. We're always looking for new people to join us. So, come and join us on Thursday mornings at about 9:00 AM and later. We enjoy meeting new people and we know that you'll enjoy the game, which is so easy to learn. Once you learn the game, you can get together with us at other times too. We meet and play bocce whenever we want to, as well as Thursday. For more information, please call Joe at 954-978-6699 or at 954-540-6607 or just come and join us at the bocce court. Hope to see you soon!

## BOOKIES

By Edythe Rishin

BOOKIES meet on the first Tuesday of every month at 7:30 PM in Ballroom “C.” If you are a reader, please feel welcome and join us.

On May 2nd, the book for discussion is “*The Warmth of Other Suns*,” by Isabel Wilkerson. This book took fifteen years of research, interviewing of over 1200 people, and writing. It was the winner of the NAACP Image Award for Outstanding Literary Work. It is a story of hope and longing as six million Afro-Americans fled the South.

For June 6th, we will read “*The Trespasser*,” by Tana French - “required reading for anyone who appreciates tough, unflinching intelligence and ingenious plotting.” For info., call Laura at 954-917-7677 or Edythe at 954-978-9824.

## Rebels Bowling League

By Les Resnick

We have completed our first season at Sawgrass Lanes. We had our end of season luncheon at Golden Corral Peppertree enjoyed by 28 bowlers and guests. Now it's time to start things about next season. Why not come bowl with us and get some exercise? We will start bowling again Monday September 11th at 10am at SAWGRASS LANES. We would like you to join us. We have bowlers of all ages with averages from 60 to 160. All are welcome. We use a 100% handicap system that makes all bowlers equal.

Call me if you want join us or just an explanation of our handicapping system or any other questions. We'll be bowling each Monday at 10 am for 32 weeks (we get done a little after 12 noon). Les Resnick 954-366-5352 - [lresnick@yahoo.com](mailto:lresnick@yahoo.com) or Victor Cevallos at 954-978-8493 [vic.cevallos@outlook.com](mailto:vic.cevallos@outlook.com).

## Bridge Club

By Lynne List

As the “season” comes to an end, and we say good bye to our friends from the North, don't forget there are still bridge games at Wynmoor. **Starting May 1<sup>st</sup>, ACBL games are on Monday and Wednesday but are starting at a new time – 6:30 PM.** Games end at approximately 9:00 PM. The ACBL games on Friday and Saturday continue to start at 1:00 PM. The ACBL games are held in the East Wing.

The Easy Duplicate Game on Tuesday starts at 12:30 PM in the East Wing. The Easy Duplicate Game on Friday also starts at 12:30 PM, however in the West Wing, with a free 30-minute lesson beginning at 12:00 noon.

Please arrive 15 minutes before game time to allow directors to set up. If you need a partner for any game, please call Gerri at 954-978-2457 and she will do everything she can to help you find one.

# Clubs and Activities

## Bridge Games & Lessons

Bridge welcomes all Wynmoor residents. An ACBL certified director is at every game. Need to sharpen your skills? Complimentary lessons are held every Friday at 12:00 noon in the West Wing.

### Sanctioned Games

Monday & Wednesday: 6:30 PM in the East Wing  
 (NOTE new starting time effective May 1st!)  
 Friday & Saturday: 1:00 PM in the East Wing

### Easy Duplicate (Non-Sanctioned) Games

Tuesday: 12:30 PM in the East Wing  
 Friday: 12:30 PM in the West Wing

## Canasta Tournament

By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.

## Ceramic Club

By Maralyn Deieso

President Maralyn Deieso thanks the board members and club members for all their help during this past year.

Our board members are: President Maralyn Deieso, 1st Vice President Vicki Koenig, 2nd Vice President Joyce Blyn, Secretary Esther Schwartz, Treasurer Sharon Schlanger, our Trustees: Sonja Kill, Diane Trembley and Judy Kessman and our mentor is Susan Burns. Our Head Librarian is Joan Duvall. Our Head Fireperson is Lorraine Albano.

Our club remains active through the summer. Residents are welcome to stop by and get a tour by one of our librarians on duty, if you are interested in taking classes in the fall you can sign-in and enter the month you can start classes.

You will be called to inform you when the next indoctrination classes will start.

Our next breakfast meeting will be October 11th 2017.

It will be held in Ballroom A at 9:00 AM. Mark your calendar.

Our best wishes to all for a happy, healthy summer.

## Conservative Club

By Andrea Joy Frankel-Bellitto

We are so happy to have the up and coming stars of the Republican party come and speak with us this month. The Young Republicans of Broward County will be here. Matt Oberly, the club president, will come and tell us all the great things the next generation has in store for the country and all the wonderful things they do. He is also Communication director and spokesman for Young Republicans National Federation.

Come join us and bring a friend. Our meetings are open to all.

7:30 PM Tuesday, May 16th at the Wynmoor Clubhouse.

We will have a 50/50 raffle and refreshments. *Thank you.*

## Current Events Club

By Daisy Sheridan

We would like to welcome you at our meetings where we discuss the important events of our times. We meet every Tuesday from 11:00 AM to 12:00 Noon in the Multi-Purpose Room, which is located near the entrance to the Main Pool. Since the sad and sudden passing on of our moderator, Charlie Goff, we have two very competent new moderators taking turns. I think you will like them! You may stay after 12 o'clock to meet with old and new friends. All Wynmoor residents and their guests are welcome and there is never a charge.

## Fishing Club

By Eddie Kopple

The last meeting of the Fishing Club for the season will be June 1st. We hope all the snowbirds who left had a safe trip home. We are looking forward for a safe return. The next regular meeting for the club will be Sept. 18th. Any year-round residents of the club who want to get together once a month for July and August at the 19th Hole, contact Eddie 215-429-6138 or Arnold 561-376-5247. When we find out who wants to go, Arnold will e-mail you with a date and time.

Have a great summer, Eddie, Arnold, Shelly, Bob.

## Fun With Friends

By Louis Kravitz

Our March Luau Dance was a big hit, with many people having fun, coming dressed for the occasion. Everyone had a great time. In April, we enjoyed Cachet Band, who just played at the Car Show at the Festival Flea Market.

Our May 21st dance will feature Uptown Express. Their music has always been well received for dancing and listening pleasure. We provide coffee and tea; you bring whatever you would like to eat and drink. The free dance lesson begins at 7:45 PM and the dance begins at 8:30 PM. Members pay \$10.00 up to 12:00 noon on Thursday, May 17th. After that, everyone pays \$15.00 at the door. For further information contact Sheila Glater at 954-247-9323 or email: sglater@comcast.net.



# Clubs and Activities

Clubs continued from page 35

## Golf Association

By Phillip Edwards

Swing Easy - Go Far. Our party was the best ever at Deer Creek Country Club. Even though the awards dinner and dance has been hosted at Deer Creek before, many claimed this was the best so far. Mr. Clay Adams was highly praised for entertaining our group. Spring is here and there is going to be some big changes in the next few months on the course. Please check with the pro shop for all times, dates, and events. This is a fluid time of the year so check at the pro shop for details. Remember golfers, "There's no such thing as bad weather, only inappropriate clothing." Anonymous

## Hadassah

By Phyllis Antis

It is amazing how quickly this season has flown by. Our fundraising efforts have been an amazing success. The membership luncheon was at a wonderful venue, that added sparkle to the fashion show and excitement to raffle drawings. Everyone at my table raved about the food served and looks forward to a returned event there. If you were not there, you really missed out.

Our final meeting of the year is for FUN. On Wednesday, May 3, 2017, instead on the regular monthly meeting, Natalie Gorelick is treating us to a fantastic card party in the West Wing from 10:00 AM-3:00 PM. For \$15.00 per person, you get 4 hours of play, a lovely boxed lunch, coffee, and dessert. Get your game together and call Natalie to reserve a table. She can be reached at 954-984-1673.

We wish all our Snowbirds safe travels, good health, and all happiness. We look forward to greeting our year rounder and returning snowbirds later in the Fall. Please let Bernice know if you are aware of members ill or in the hospital.

Remember while you are away you can purchase certificates, cards, and trees.

Purchasing certificates, suitable for all occasions, from Bernice Riback 954-984-1763. Trees, to be planted in Israel, can be purchased from Beverly Alexander (954-969-1701). These are for all occasions.

Lovely greeting cards for any occasion are available from Dotty Pekus 954-973-9050.

All monies go to Hadassah: Your support is greatly appreciated.

Our first meeting, next season, is Wednesday September 6, 2017.

See you there.

## Health & Wellness Club Magnesium's Role In The Body

By Hope Myers

At the season's last meeting on Tuesday, May 16, 2017 at 2:30 PM in West Wing 2, we will hear from our own Club President, Hope Myers, retired Registered Dietitian and Certified Clinical Nutritionist. Although retired,

Hope continues to do significant amounts of continuing education and is very concerned about magnesium deficiency in the U.S. population. She will address the long-term health effects of magnesium deficiency, as well as the best supplementation and foods to eat.

Hope is eager to share the knowledge she has accumulate on this important topic. You won't want to miss this informative meeting, our last for the 2016/2017 season.

Healthy treats and bottled water will be served. (Sorry, no bagels here!)

Meeting: No charge for members

Non-members \$3each meeting

For further info: Hope 954-971-9538.

## Ladies Circle

By Eleanore Butler

A Happy Mother's Day to all our moms, grand moms and great grand moms who will be celebrating on May 14th. Good Health to you all and may you celebrate many more.

Our next meeting will be on May 25th at 11:30 AM in Ballrooms B and C. We will be having our usual bagel lunch. Our program will feature a talk by Villian Buckweit, who is a Holocaust survivor. Please make an effort to attend this special program. Hope to see you there.

Now that our snowbirds have flown to their northern habitats, our "year-rounders" will be here for our Summer programs of fun and adventure.

Nothing is firmed up yet, so keep reading for the latest information. Those of you who go away for part (or all) of the summer, we wish you good times and look forward to seeing you in the Fall.

## Ladies Golf Association

By Violet Howard

IT'S MAY, IT'S MAY. THE MERRY, MERRY MONTH OF MAY! We have to now say farewell to our Canadian cousins and our Snowbirds for the Summer months. We will miss the smiling faces and many friendships made. This year has added so many more members to our exceptional and happy group. We are looking forward to their continuing enjoyment of the many events we have planned when they return in the Fall. Nicole, Phyllis, Dianne, Linda (all five of them), Shelly, Marilyn and so many others; we have lots of surprises in store. Connie, Laura, Mona, Kristine, Bella and the rest of our great Staff are working hard to make certain that the Year 2017 will be memorable for ALL OF US.

The start of the Year with the Championships for 2016 were great. Just ask Zelna, Phyllis, Gloria and Linda D. They are as happy as larks. There is always "next year" for the rest of us. Our Annual "Color War" was so much fun, colors being Blue and White. The winners were the Blue team and proud as peacocks. The gifts were great and both teams had an enjoyable time. The luncheon was delicious, thanks to Bella and Marsha.

Always expect the unexpected. Dianne went into the water on the 3<sup>rd</sup> hole



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# Clubs and Activities

on March 28<sup>th</sup> during tournament, and while looking for her ball, she found one, retrieved it and guess what – it was the ball she lost the previous week in the same place. Yes, it had her initials on it -unexpected joy. So much to love playing Golf.

Happy Golfers with Birthdays in May: Cece Lopatin – May 4<sup>th</sup>; Lynda Castor – May 11<sup>th</sup>; Carol Greenberg – May 15<sup>th</sup>; Kathy Seaton – May 16<sup>th</sup>; Zelna Cohen – May 28<sup>th</sup>; Linda Devlin – May 28<sup>th</sup>; Jerrilyn Henske – May 31<sup>st</sup>.

Congratulations and have a wonderful celebration!

---

## Needle Click Club

By Barbara Bilello

We want to wish our Snow Birds a safe trip home. See all next winter; have a great summer!!!!

Our meetings for May are the 9th and the 23rd; the 2nd and 4th Tuesdays of the month. We're in the West Wing from 1:00-4:00 PM. We serve coffee, tea and have good snacks. We have a great time chatting and catching up with one another. If you are new to Wynmoor and want to make new friends, please join us as everyone is welcome!!!!

If anyone has yarn that they don't need anymore, we will take it. Just call Barbara at 754-222 6375 and I will gladly pick it up.

We have no dues, just friendly, fun people. Hope to see everyone at our next meeting.

---

## Pennsylvania Club

By Charlotte Helfer

It's been a great season and now we are on a break. We will not meet again until September or October. Enjoy the summer and keep cool. Hope to see you all again in the Fall.

---

## Pickleball Club

By Sandra Cohen

With the summer season beginning, South Florida becomes a quieter and less populated place. But with many all-year-round residents, the pickleball club continues to offer a full schedule of sporting and social activities including games, weekly barbecues and karaoke nights.

Do you enjoy karaoke? Join us on Wednesday, May 11, at 7:30 PM at the West Wing I. We have excellent karaoke equipment, and our keyboard player is a talented musician and singer. He provides great entertainment, when attendees aren't taking the mics and singing for the group. There's no entry fee for pickleball club members and \$3 for guests. Pickleball Club dues are only \$5, and members never pay to attend any of our events, except for a small amount to play in our tournaments or for meals.

Come meet our members any day at the pickleball courts. Please join us at our weekly Wednesday 5:30 PM barbecue get-togethers at the Cove. Everyone is welcome. We bring our own dinner, plus desserts to share. We hope to see you soon.

---

## Pottery Club

By Sue Spitz

Spring! A time to stop and 'smell the roses'!

We have many 'roses' in our bouquet! The beginner's classes with Donna Koslowski where the students learned to make pinch pots and coiled sculpture with their eyes closed in order to feel the tactile structure of the clay! The wheel class with Carmen Martinis, who had her own studio in Brazil and is now here with us, teaching us how to make amazing pots and shapes out of lumps of clay! Our clean-up team, headed by Mary Tarr that turn what could easily be a 'mud pit' into a clean and organized studio in which to create and learn! The work done by Rene Monblatt as she worked with the Art Show in order to let our talents shine! As always when naming names, I feel I've left some unsung hero out. However, together with our fellow potters, and those many 'unsung heroes,' we really have created a beautiful display of ROSES!

P.S. A Beginner class is being proposed for June 3, 10, 17, and 24 from 1:00-4:00 PM This will accommodate year-round residents who have busy schedules and would like to take a class. You can sign up for our June series in the Pottery Studio located at the end of the East wing gallery, Tuesday & Thursday, 10:00 AM -12:00 noon.

## Queens Club

By Ruth Weinstein

I want to say "Thank you" to the Pennsylvania Club and their hard-working crew, for the delightful and delicious barbeque dinner we had in March.

Although the Queens Club has just had the final meeting of this winter, there will be shows to look forward to. The Broward Stage Door will have our reservations to see "No Way To Treat A Lady" on May 7th at 2:00 PM for comedy and musical.

Call Ruth for reservations or more details, 954-975-0515. Wishing all our friends and members a most enjoyable summer.

---

## Tennis Club

By Shelly Propper

Thanks to all the Snowbirds and the year-round tennis players who made this season the Biggest and Best ever! All the great court events were only made possible by all the members of the Tennis Club who came out to support every one of these great events.

Don't forget – tennis is ongoing during the summer months, both mornings and evenings. Night tennis is played on Mondays, Tuesdays and Thursdays from 6:15 PM until 8:00 PM.

Beginner Wednesdays are still offered at 11:00 AM. See Bob for more information. Masters Tennis is played on certain Friday nights, so watch the board at the courts for dates and other events or check with Bob.

---

## US Club

By Ceil Eitman

What a season we had!! But it's over for now. Six exciting events at low cost made us so popular. The US Club success is due to the army of volunteers, having fun while planning and working each function. Now we have to set our minds working for another great season starting in November. We hope you have a wonderful and healthy summer and be ready to have another season of fun. The US Club motto of "Unique Sociability" lives on.

---

## Wynmoor Amateur Radio Club

By Ralph Trapper

The W.A.R.C. meets every Friday morning at 9:00 A.M. at the Multi Purpose Room, near the Main Pool. We meet all year round. At 10:00 AM, we move to the "Ham Shack," located in Room #118, on the West End of the Administration Building. Visiting Amateur Operators are welcome to operate from our station, just be sure to bring a copy of your "ticket" [License] along with you.

Work on the installation of the new vertical antenna is continuing, and hopefully the ability to add the lower Amateur bands [75 and 40 meters] will increase our stations communications ability in the very near future.

For further information, please contact Ralph Trapper at 954-973-4329.

---

## Wynmoor Hurricane Emergency Net

By Ralph Trapper

It is now May, and we have been preparing for the coming 2017 Hurricane Season. We started on January 9, 2017, and continuing still, all past W.H.E.N. operators were requested to return your W.H.E.N. Wynmoor issued equipment to the main Security Office, located in the old Comcast building on the North Road for testing. We are at the point that we have a few issued units that have not been returned for testing. We would like to start testing in June, so if you have not returned you're previously issued equipment, please do so in May. If you have any questions, please feel free to contact us at the numbers given below.

Testing of the equipment will begin in June as the majority of the gear has been returned. As of this date, [please remember this article is written the end of April, there are still a minority of the issued equipment that has not been returned. The sooner we have your previously issued equipment, the sooner we can get testing started and set up for re-issue. Time is marching on, and the months are passing so the hurricane season technically starts on June first, and we have to be ready.

O'Neil Elliott, 954-968-2504

Ralph Trapper, 954-972-4329

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English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call toll free 1-877-315-6883 (TTY: 711).

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame gratis al 1-877-315-6847 (TTY: 711).

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-315-6883 (TTY: 711)。



# YOUR COUNTY COMMISSIONER

By Mark Bogen, Broward County Commissioner

## ARE LOWER TAXI RATES COMING?

For many years, Uber and Lyft have operated in Broward County. For those of you who do not know these companies, Uber and Lyft provide car transportation in Florida and most other states. The main difference between using a Taxi and Uber/Lyft is that Taxi rates are regulated by Broward County and Uber/Lyft rates are not regulated at all.

Therefore, if you use Uber, the fare may be one price on Monday and a different price on Tuesday. Uber/Lyft have the authority to raise and lower their prices based on demand. Uber/Lyft can charge you any price on any day. However, Taxi prices are set by a meter (and regulated) and the cost to go to a specific location should be the same every day.

Since Uber or Lyft can lower their price and be more cost competitive than a Taxi, the Taxi industry is now asking Broward County permission to be able lower their prices and be more competitive with Uber/Lyft. Also, the Taxi industry wants to be able to give you a choice of a set price from one location to another location; or a zone price from one zone to another zone without using the meter.

As a Broward County Commissioner, I believe it is in the consumer's best interest to allow Taxis to be able to lower their price when they choose to do so. As crazy as that sounds, the Taxi industry has not been allowed to lower or change their prices due to the county regulation.

Allowing Taxis to give you a set price or a zone price without using the meter will allow consumers to save on their transportation costs. This issue will be coming before the County Commission during the next month. Please let me know your thoughts.

## SAVING MONEY ON YOUR REAL ESTATE TAXES

Last year the Broward County Commission passed a law called the "Low-Income Senior Homestead Exemption" which allows seniors to save money on their real estate taxes. If your condo is registered as your homestead, you are 65 years old or older and your combined household income (your social security taxes are not included) is \$28,800 or less, you may be eligible for a savings. For more information, you can call the Broward County Property Appraiser at 954-357-6830.

## HAVE YOU BEEN SCAMMED?

### GETTING THE RUN-AROUND BY GOVERNMENT?

If you have been scammed by a person or company or maybe you are getting the run-around from a government agency? We are here to help you. Please give me a call if we can be of assistance to you. My County Commission office number is 954-357-7002.

## BROWARD Upcoming Library Events...

North Regional/Broward College Library  
1100 Coconut Creek Blvd. • Coconut Creek, FL 33066 • 954-201-2601

### MAY CLASSES

\*Class requires a \$12.00 course book. The fee will be collected by the Friends of the Library.

For more computer class information and classes at other libraries, go to: [www.broward.org/library](http://www.broward.org/library)  
Click on Events and Classes

To learn more about computers & software, visit these free sites— **For Beginners:**  
<http://www.digitallearn.org/learn>  
<http://www.gcflearnfree.org/computers>

**For More Advanced Students:**  
<http://office.microsoft.com/en-us/training>

Tues 2	Computer Class in Creole	6:00 – 8:00 PM
Wed 3	Meet The Computer Windows 7	2:00 – 4:00 PM
Thurs 4	Digital Photography	2:00 – 4:00 PM
Fri 5	Meet The Computer Windows 7 Spanish	9:00 – 11:00 AM
Tues 9	Computer Class in Creole	6:00 – 8:00 PM
Wed 10	Safety First: Safety & Privacy Online	2:00 – 4:00 PM
Thurs 11	Buying & Selling On Ebay	2:00 – 4:00 PM
Fri 12	Exploring The Internet Spanish	9:00 – 11:00 AM
Tues 16	Computer Class in Creole	6:00 – 8:00 PM
Wed 17	Exploring The Internet	2:00 – 4:00 PM
Thurs 18	Introduction to Email Part 1 (Creating an email)	2:00 – 4:00 PM
Fri 19	Meet The Computer Windows 7 Spanish	9:00 – 11:00 AM
Tues 23	Computer Class in Creole	6:00 – 8:00 PM
Wed 24	Beginners Guide To The Cloud	2:00 – 4:00 PM
Thurs 25	Introduction to Email Part 2 (Adding pictures & more)	2:00 – 4:00 PM
Fri 26	Exploring The Internet Spanish	9:00 – 11:00 AM
Tues 30	Computer Class in Creole	6:00 – 8:00 PM
Wed 31	Exploring Google	2:00 – 4:00 PM



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SHAMPOO, SET or BLOW STYLE ...	\$15.00 <sup>up</sup>	\$15.00 <sup>up</sup>	\$16.00 <sup>up</sup>	\$18.00 <sup>up</sup>
HAIRCUT .....	\$14.00 <sup>up</sup>	\$14.00 <sup>up</sup>	\$15.00 <sup>up</sup>	\$16.00 <sup>up</sup>
TOUCH-UP SINGLE PROCESS .....	\$22.00 <sup>up</sup>	\$22.00 <sup>up</sup>	\$22.00 <sup>up</sup>	\$22.00 <sup>up</sup>

**MEN'S SPECIAL**  
**HAIRCUT \$12.00**  
**TUESDAY & WEDNESDAY**

TOUCH UP .....	\$22.00
FOIL FROSTING .....	\$48.00+up
HIGHLIGHTS .....	\$39.00+up

PRICE LIST MAY CHANGE  
ASK HAIRSTYLIST

Tuesday & Wednesday  
**Mani/Pedi**  
**SPECIAL**  
**\$25**

MANICURES.....	\$11.00
PEDICURES.....	\$17.00
FULL SET NAILS, GEL	\$30.00 +up
FILLS	\$15.00
POLISH CHANGE	\$6.00

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	with your Purchase of \$20.00 or More. (Dinner only) Cannot be combined with other coupons. Limit time offer. Please mention coupon when you order. Exclude family pack.	
CASH ONLY	<b>FREE</b>	CASH ONLY
	GENERAL TSO'S CHICKEN (1 LG.) OR LG. ROAST PORK FRIED RICE	
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# Upcoming Library Events...

## North Regional/Broward College Library

1100 Coconut Creek Blvd. • Coconut Creek, FL 33066 • 954-201-2601

### MAY PROGRAMS

**1<sup>st</sup> Floor Adult Community Coloring:** Take some time today to reduce your stress by coloring! *Sponsored by Friends of North Regional/BC Library.*

**2<sup>nd</sup> Floor Jigsaw Puzzle:** Collaborate with other library customers to complete a jigsaw puzzle. *Sponsored by Friends of North Regional/BC Library*

**1<sup>st</sup> and 2<sup>nd</sup> Floor Display:** Artist Kay Allison Hahner displays her miniature creations. "A picture may be worth a thousand words but a miniature 3-D creation is worth a thousand pictures."

#### Adult Programs:

**Thursdays – Digital Downloads Open House.** Learn how to access and download the library's free books, music, magazines and movies to your device. First come, first served. Noon to 1 p.m. Rm. 226

**Wednesday, May 3 - Job Quest:** Sharpen your skills and share your experiences as job seekers. 11 to 12:30 Rm. 226. *Sponsored by Friends of North Regional/BC Library.*

**Mondays, May 1, 8, 15 & 22 – Toastmasters.** Learn more about Toastmasters International, a non-profit educational organization that teaches public speaking and leadership skills. 4:30 to 6 p.m. Rm 226

**STAR WARS** Saturday, May 6 – A Celebration: May the 4<sup>th</sup> Be With You!

Celebrate Star Wars Day at the library. Join us for crafts, activities and movie screenings. Wear your best Star Wars gear for a photo-op. All ages are welcome. *Sponsored by Friends of North Regional/BC Library.*

#### Movie Screenings in Room 154:

Star Wars: A New Hope	10:30 a.m.
The Empire Strikes Back	1 p.m.
Rogue One	3:30 p.m.

#### Library, 1<sup>st</sup> and 2<sup>nd</sup> floor:

**Activities and crafts** 12 to 3 p.m.

**Thursday, May 11 – Movie Matinee: Last Vegas.** Four friends take a break from their day-to-day lives to throw a bachelor party in Las Vegas for their last remaining single pal. Starring Michael Douglas, Robert DeNiro, Morgan Freeman and Kevin Kline. 2013, Rated PG-13. Noon to 2 p.m. Room 154.

**Saturday, May 13 – Florida-Friendly: Container Gardening.** No space, no yard, no problem. Join Broward County Parks and Recreation for a presentation on Florida-Friendly container gardening. Noon to 1 p.m. Room 226.

**Saturday, May 13 – Aloha Hawaii!** Asian/Pacific American Heritage Month originated with Congress in 1977. The Asian/Pacific area encompasses all of the Asian continent and the Pacific islands of Melanesia and Polynesia. Join us to celebrate Asian/Pacific Heritage Month with this show of Hawaiian songs and dance. Fun for the whole family. 3 to 4:30 p.m. Room 154.

**Saturday, May 13 – Creative Writing Class: Ideas Are Everywhere.** First in a series of four free lectures to explore Critical Thinking and Creative Writing Theories and Exercises. Presented by Arthur Goldberg. 3 to 5 p.m. Room 226.

**Wednesday, May 17 - Job Quest:** Sharpen your skills and share your experiences as job seekers. 11 to 12:30. Rm. 226. *Sponsored by Friends of North Regional/BC Library.*

**Thursday, May 18 – Social Security 101: What You Need to Know.** A 30-minute presentation followed by a 30-minute Q & A session. Presented by Michael Cesaro of the North Broward Social Security Office. 1 to 2 p.m. Room 226.

**Thursday, May 18 – Florida-Friendly: Landscaping.** Learn how you can save by landscaping the Florida way. Presented by Broward County Parks and Recreation. 6:30 to 7:30 p.m. Room 226.

**Thursday, May 18 – Ukulele Meet Up!** Calling all Ukulele players! Bring your ukulele to play. 6 to 7:45 p.m. Room 154.

**Saturday, May 20 – Guitar Café** for adult beginners to intermediate guitarists. Bring your guitar and join in if you are interested in learning and playing. (Acoustic, Electric or Bass). 2 to 5:30 p.m. Rm. 154.

**Thursday, May 25 – Florida-Friendly: Butterfly Gardening.** Learn about the importance of butterfly gardening and how to grow your own. Presented by Broward County Parks and Recreation. 6:30 to 7:30 p.m. Room 154.

**Saturday, May 27 – Creative Writing Class: Think First, Write Second.** The second in a series of four free lectures to explore Critical Thinking and Creative Writing Theories and Exercises. Presented by Arthur Goldberg. 3 to 5 p.m. Room 226.

#### Language Classes:

**Tuesdays & Wednesdays – English Café:** conversational practice session for intermediate learners of English. 6:30 to 7:45 p.m. Rm. 226

**Tuesdays & Wednesdays – Spanish Café:** conversational Spanish practice for English speakers. 6:30 to 7:45 p.m. Young Adult Rm., 1<sup>st</sup> Floor.

PREPARED



# Men In Black

By Jack Mendelson

In March, the Wynmoor Men In Black went fishing. We ate well without catching a fish.

We toured the Swimming Hall of Fame and learned a lot. We only had enough time to tour one section before our lunch at Islamorada Fish Company was ready.

The smell of the baking honey break encouraged us to enjoy a hearty lunch.

The next Men in Black get-together will be December 6, 2017.



Men In Black toured the Swimming Hall of Fame, and enjoyed lunch at the Islamorada Fish Company



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**SIDES:** Rice, (yellow or brown), Beans (red or black), Plantains (sweet or crispy), Fries, Yucca, Veggies, Mashed Potato.

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<ul style="list-style-type: none"> <li>Chicken in Lime Sauce</li> <li>Chicken Masala</li> <li>Chicken Piccata</li> <li>Grilled Chicken</li> <li>Chicken Caprese</li> <li>Chicken Franchise</li> <li>Roasted Chicken</li> <li>Sautéed Chicken</li> <li>Chicken Alfredo</li> <li>Chicken Parmesan</li> <li>Chicken Primavera</li> </ul>	<ul style="list-style-type: none"> <li>Tilapia in Lime Sauce</li> <li>Tilapia Lebornes</li> <li>Tilapia Piccata</li> <li>Grilled Tilapia</li> <li>Tilapia Franchise</li> <li>Fish Fillet in Coconut Sauce</li> <li>Fish Fillet in Red Sauce</li> <li>Grilled Fish Fillet</li> <li>Grilled Salmon</li> <li>Whole Red Snapper</li> <li>Shrimp Primavera</li> <li>Grilled Shrimp</li> <li>Paella</li> </ul>	<p>(Served with Pasta – Regular or Whole Wheat)</p> <ul style="list-style-type: none"> <li>Mussels w/Garlic or Red Sauce</li> <li>Shrimp w/Garlic or Red Sauce</li> <li>Clams w/Pasta White or Red Sauce</li> </ul> <p style="text-align: center; color: red;"><b>-STEAKS-</b></p> <ul style="list-style-type: none"> <li>Skirt Steak</li> <li>Oxtail</li> <li>Top Loin Steak</li> <li>Stew Beef</li> </ul> <p><b>PORK</b></p> <ul style="list-style-type: none"> <li>Shredded Roasted Pork</li> <li>Fried Pork Chunk</li> <li>BBQ Ribs</li> </ul>





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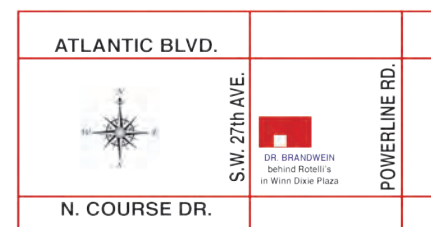
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# ON THE TENNIS COURTS

By Arlene Eisenberger



## PRO-AM EVENT

On Sunday, April 2, 2017

**Setting:** Tennis Courts with a raised platform for a Referee  
**Referee:** Barry Mark, dressed with a Top Hat, tuxedo shirt and dark sunglasses-escorted onto the court by Shelley Mark, his loyal Seeing-Eye Service Dog riding on a Skateboard. He sat on a high platform in his Referees' special seat, informing the audience of the morning's events and keeping score his unique humorous style.

**Part 1:** Tennis Pros, Timothy Neilly and Marcus Yu played a single set with Timothy emerging as the Champion. It was like sitting center court at the Miami Tennis Open- So exciting — Our own Federer and Nadal matches.

**Part 2:** Each Pro picked out 7 of tennis members who signed up to play 3 games with them. The brave players were: David Lines, Marty Kaplan, Marty Katz, Audrey Lakien, Sid Einbinder, Mitch Cohen, Mary Matarazzo, Kay Lines, Bob Long, Deena Beauclair, Yves Leroux, Nora Tadjissio, Gilles Goulet. In the end, Tim and his team were the overall winners.

**Part 3:** The Pros were gentle with the members but tough with each other. In a few moments of the games, the Pros did some fancy maneuvers impressing the large audience who applauded them.

Putting this event together was the diligent work of Bob Long, Barry Mark, Joan Sommers, Arlene Eisenberger, Shelley Mark and our photographer, Barry Halpern.

Brunch was enjoyed at the Cove Patio with food catered by Dyan's Country Kitchen and set up and served by Mona Margolin, Jane Elvin, Barbara Branch, Sandy Goldberg, and Sandy Zoccolillo. Tennis is great exercise and having FUN on the courts is our goal. Each season, we are introducing new events such as Masters Tennis, Triple Play, and Cardio Tennis. The courts are busier during the season with lots of activities such as lessons, games both competitive and social.

The FUN will continue during the summer months.

Come to the courts to check out the schedule.

See you at the courts.

Photos by Barry Halpern



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# SHOWS AT WYNMOOR



**FRANK WILSON**

*Saturday, May 6th - Time: 8:00 PM - Price: \$10.00*

**PEDRO ROMAN**

*Saturday, May 13th - Time: 8:00 PM - Price: \$10.00*

**MICHAEL SCOTT ROSS**

*Saturday, May 20th - Time: 8:00 PM - Price: \$10.00*

**TOMMY MITCHELL**

*Saturday, May 27th - Time: 8:00 PM - Price: \$10.00*

\* ID's required for all shows, dances and movies. All shows subject to change. Tickets available two (2) weeks prior to show.  
PLEASE NOTE: Children under the age of 15 years old are not permitted in the theatre. No shorts allowed in the Theatre after 6:00 PM.

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# MAY CLASSES

## Monday

AARP: Monday & Wednesday, May 1st and 3rd from 9:00 AM – 12:00 PM for TWO DAYS; \$15-\$20

Art for the Artist in You (Lines): Starting May 1st from 1:00 – 3:00 PM for 4 weeks; \$50.00

Chair Yoga (Charland): Starting May 1st from 1:00 – 2:00 PM for 4 weeks; \$28.00

Tap Dance (Fisher): Starting May 1st from 10:00 – 11:00 AM for 4 weeks; \$32.00



## Tuesday

Beaded Tennis Bracelet (Maron): Starting May 2nd from 7:00 – 9:00 PM for 2 weeks; \$28.00

Following the Leader - Paint (Emerick): Starting May 2nd from 1:00 – 3:00 PM for 4 weeks; \$40.00

Line Dancing (Levitan): Starting May 2nd from 10:00 – 11:00 AM for 5 weeks; \$35.00



## Wednesday

AARP: Monday & Wednesday, May 1st and 3rd from 9:00 AM – 12:00 PM for TWO DAYS; \$15-\$20

Free Fitness Demonstrations (Molino): Wednesdays & Fridays at 1:00 PM in the Fitness Center

Paper Toile (Katz): Starting May 3rd from 10:00 AM – 12:00 PM for 4 weeks; \$40.00



## Thursday

Canasta (Levitan): Starting May 4th from 3:30 – 5:30 PM for 4 weeks; \$36.00

Mah Jongg (Levitan): Starting May 4th from 1:00 – 3:00 PM for 4 weeks; \$36.00

Middle East Conflicts (Chesterman): Starting May 4th from 10:30 AM – 12:00 PM for 4 weeks; \$32.00

Polymer Clay (Maron): Starting May 4th from 6:30 – 8:30 PM for 4 weeks; \$54.00

Portraits & More (Lines): Starting May 4th from 1:00 – 3:00 PM for 4 weeks; \$50.00

Viking Knit (Maron): Starting May 4th from 10:00 AM – 12:00 PM for 2 weeks; \$28.00



## Friday

Free Fitness Demonstrations (Molino): Wednesdays & Fridays at 1:00 PM in the Fitness Center

Lectures with Kavon Starting May 5th from 10:00 – 11:45 AM for 4 weeks; \$32.00



## Saturday

Yoga (Charland): Starting May 6th from 9:00 – 10:00 AM for 4 weeks; \$28.00

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BAHAMA .....2/2 Updated and completely furnished, white kitchen, laminate floors, nice patio .....	\$ 1,200
VICTORIA.....2/2 Desirable corner, completely furnished, king size bed, flat screen, golf and lake view .....	\$ 1,900
VICTORIA.....2/2 Ground floor, enclosed patio, ceramic tile/wood floors thru out, granite counter tops .....	\$ 2,000
BAHAMA .....3/2 Very nicely furnished, Corner .....	\$ 1,800
LUCAYA.....2/2 Very nice and furnished .....	\$ 1,100
VICTORIA.....2/2 Desirable corner, completely furnished, golf and lake view .....	\$ 1,200
NASSAU.....2/2 Fantastic, furnished and completely upgraded, gorgeous furniture, large flat screens .....	\$ 1,400
MARTINIQUE.....1/1.5 Completely updated, furniture is newer, can be rented unfurnished .....	\$ 1,100
LUCAYA.....2/2 Nicely updated with newer laminate floors, nice kitchen with newer appliances, can be rented unfurnished .....	\$ 1,200
ANTIGUA.....2/2 Lovely fully equipped for a comfortable yearly rental, overlooking lake .....	\$ 1,200
BAHAMA .....3/2 Very nicely furnished, 2 <sup>nd</sup> floor corner .....	\$ 1,200
BAHAMA .....1/1 Beautiful Studio completely remodeled .....	\$ 900

**REDUCED SALES**

ANTIGUA: 2/2 Breathtaking lake/fountain view, SS appliances, ceramic floors, freshly painted, bathrooms in great shape .....	\$ 125,000
ANTIGUA: 2/2 WOW super clean unit, carpet in bedrooms, great garden view .....	\$ 93,000
ANTIGUA: 2/2 Nice and beautiful completely furnished, freshly painted, great lake view, screen patio with shutters .....	\$ 79,500
VICTORIA: 2/2 Spectacular golf/ lake view, newer kitchen cabinets, enclosed balcony, hurricane shutters, ceramic floors .....	\$ 97,500
ANTIGUA: 2/2 Priced to sell, lovely pool view, freshly painted, newer appliances .....	\$ 82,500
LUCAYA: 2/2 Lovely pool view, upgraded kitchen cabinets and counter tops, SS appliances, Newer AC .....	\$ 79,000
ANTIGUA: 2/2 Immaculate unit, some furniture included, overlooking canal, 2 <sup>nd</sup> floor .....	\$ 79,500
ANDROS: 2/2 Magnificent corner evergreen, extra windows for light, newer kitchen, screen terrace with shutters .....	\$ 169,000
LUCAYA: 2/2 Remodeled deluxe model, open kitchen with granite counter tops and newer kitchen cabinets with newer appliances .....	
MARTINIQUE: 2/2 Beautiful turn key renovated, granite kitchen with wood cabinets, SS appliances, upgraded bathrooms .....	\$105,000
CAYMAN: 2/2 Most desired village, beautiful lake view, juniper model .....	\$109,000

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VICTORIA.....2/2 Spectacular remodeled golf view, deluxe model, new kitchen cabinets, granite counter tops, open kitchen concept .....	\$ 139,900
VICTORIA.....2/2 Spectacular top of the line, remodeled, laminate floors, brand new open concept kitchen .....	\$ 148,900
GRANADA.....2/2 Lovely huge corner with W/D , freshly painted, custom kitchen , newer appliances, 2 huge master bedrooms .....	\$ 164,000
GRANADA.....2/2 Spectacular fully renovated, top of the line deluxe condo, completely furnished .....	\$ 200,000
MARTINIQUE.....2/2 Lovely unit overlooking garden and lake, close to clubhouse .....	\$ 81,000
BERMUDA .....2/2 Lake/fountain view, carpet in living room and bedrooms, original kitchen, newer stove, big enclosed balcony .....	\$ 82,500
MARTINIQUE.....2/2 Beautiful unit overlooking canal and garden, renovated kitchen newer appliances .....	\$ 85,000
CAYMAN.....2/2 Juniper model, lake/fountain view, ceramic in kitchen and carpet in living area .....	\$ 109,000
BIMINI.....Magnificent lake/golf view, huge interior luxury condo, extended living room, large eat in kitchen .....	\$ 154,900
LUCAYA.....1/1 Beautiful updated with walk in closets, laminate floors, ceramic kitchen, newer appliances, nice garden view from screened patio with shutters ..	\$ 64,900
MARTINIQUE.....1/1.5 Desirable floor plan, spectacular panoramic golf and water view from expansive glass enclosed patio .....	\$ 71,900
LUCAYA.....2/2 Enclosed patio with jalousie windows overlooking a nice garden, ceramic and carpet in condo .....	\$ 74,900
ARUBA .....1/1 Washer and Dryer in unit, beautifully furnished and decorated, laminated floors, spa like remodeled .....	\$ 75,900
NASSAU.....2/2 Corner fabulous view of garden and tennis courts, newer kitchen cabinets ,high hat lights .....	\$ 82,000
PORTOFINO.....2/2 Beautiful lake/ fountain view new white kitchen cabinets with granite counter tops, brand new water heater, freshly painted .....	\$ 118,900
LUCAYA.....2/2 Spectacular lake view, brand new kitchen appliances, ceramic floors thru out, laminate floors in bedrooms .....	\$ 129,900
ANDROS .....2/2 Corner Evergreen model nice white kitchen, SS appliances, gorgeous furniture, lake/pool view from balcony .....	\$ 193,500
PORTOFINO.....2/2 Spectacular and completely remodeled, new open kitchen with new cabinets .....	\$ 199,900



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# SUPPER CLUB

By Lynne List



**BIG NEWS!** Plans are underway for next year's Drama and Musical. These are the dates to note. The Drama, title to be announced, will be shown on Sunday, February 11, 2018 with both a matinee and evening performance. A light lunch and light supper will be served. The performers will be the Curtain Call Playhouse.

The Musical, also performed by the Curtain Call Playhouse, will be performed on Tuesday, Wednesday, and Friday (NOTE, there will NOT be a

Thursday show) February 27, 28, and March 2, 2018. The show will be the fantastic Tony Award winner, "The Fantastics." You will remember that the hit song, "Try to Remember," was introduced in that show. As usual, there will be a sit-down, served dinner consisting of a glass of wine, salad, a choice of

entrée, veggies, dessert and beverages. The exact menu will be available at a future date. Olde Florida Caterers will once again provide the food.

Both shows will be held in the West Wing. So, there is no travelling necessary. And, as usual, the prices will include tax and gratuity. The exact prices will be announced shortly.

Advanced purchase of tickets for both shows will be available starting in September when order forms will be emailed out to all those (300 of you) who provided us with their email addresses. If you have not already added your email to the list, send your address to [LLIST@juno.com](mailto:LLIST@juno.com) and write "Supper Club" in the subject line. This will ensure that you will be included in the first email sending and you will have the opportunity to get the reservations of your choice on the date you choose. Tables are assigned in the order in which reservations are received. Each table will seat 8 or 9 (NO MORE) and you may order anywhere from 1 to 9 tickets. All checks must be made out to "The Supper Club."

Watch for more details in future editions. In the meantime, mark the dates on your calendar and save a date of your choice.

## Clean Windows Can Help Improve Your Mood

By Mike Del Pozo, DP Window Cleaning



Spring Cleaning! That time that marks the end of the winter blues and ushers in a renewed spirit. Although it doesn't have quite the same impact on most Floridians as it does for people living up north, there is still an argument to be made for spring cleaning and its link to fighting the blues.

As a professional window cleaner, I have always told home owners that clean windows not only improve the appearance of their living space, but it helps to improve overall morale.

Through many studies, it has been shown that the impact of your living space on your over-all mood is extremely important. During spring cleaning rituals, cleaning the windows is often overlooked. Dirty, hazy windows can impact the appearance of your home, especially on a sunny day. But even more importantly, dirty windows keep out that beautiful Florida sunshine. Keeping windows clean will help keep your home bright with natural light which could help to significantly improve your mood. There is a direct link to fatigue and dark, gloomy days, so shake off the gloom and...

See ad on page 21.

...Let the Florida Sunshine in!



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# INSPIRATION STATION

By Diana Stone, M.A.

Dear Reader,

Did you know we are hard-wired for WANTING TO BE HAPPY? This may seem obvious but how many truly HAPPY people do you know? Turns out, we make our decisions on an emotional level with intention of *wanting* to be fulfilled and happy, but we are surprisingly not tuned in with what will actually bring us ultimate joy. Even little decisions can be confusing. For example, let's say we are hungry. We have the option of a green drink in one hand and a piece of chocolate cake in the other. Which one will make us happy? Are we talking delicious or healthy? Are we talking short-term satisfaction or long-term-fit-into-our-jeans? I like to cover all my bases so I eat the cake and wash it down with the green drink!

Sometimes we do need to go a little "backwards" to get moving forward. Consider the mechanics of a bow and arrow. The bow has to be pulled backwards for the "potential energy" (i.e. MOTIVATION) to be propelled forward by the released arrow. For example, until the jeans don't fit comfortably, we may not realize we opted for the cake too many times. And it's all okay! Turns out, moderation and flexibility are the trademarks for genuine happiness. Our bodies are speaking to us all of the time if we dare to listen! The scale, our lipid levels, our heart rates, our stiffness or flexibility levels, our mental fog or clarity.... these are all indicators of how well we are making choices that support our higher intention of wanting to be happy and healthy! Those with rigid views (think TYPE A), also tend to have rigid arteries that can lead to heart attacks.

Funny how we can think of ourselves one way but get indisputable evidence of the contrary that forces us to once again examine the truth of our evolution (or stay in denial – an option for some!) I have always subscribed to Socrates' belief "that a life unexamined is not worth living." As I write this, I have cheeks the size of chipmunks, the natural swelling caused by a recent "minor" dental procedure. Although I like to think of myself as a calm meditating yogi, I recently learned my gum recession was caused by my clenching my teeth while I sleep, perhaps grinding out whatever stress I had not addressed during my wakeful hours. Over decades, this pattern of coping did not serve me well as

untreated recession can lead to pain and even losing teeth! I remember my grandma's teeth (dentures!) soaking in a cup on her bedside table and as a little girl, I swore I would always brush to avoid a toothless life! Yet in my young 50's, I got the news that it was a matter of urgency to tend to my receding gums. Thankfully, a new revolutionary alternative to painful grafting is now available, but the swelling still takes days to subside and if you happen to be somewhat vain or private (guilty on both counts!) You may wish to take a "time out" of your usual lifetime routine for complete healing and to ponder what the heck got you gritting your teeth in the first place! Having a few days to ice and rest is giving me time to reflect... what the heck is worth losing my teeth over?

I fully subscribe to the Law of Attraction, that states whatever we focus on tends to grow, so it is of paramount importance that we focus on what's going right in our lives versus what is undesirable! I like to think of it with a simple dining out metaphor. When we have finished our meal at a restaurant and the waiter asks if we would like to box up our leftovers, we generally do not say, "oh yes please box up the creamed okra! I hated it and would like to take it home to try again!" We obviously only ask to package up what we loved! But when it comes to the emotional tastings of our lives, we often inadvertently "Doggie Bag" our worst emotional screenplays, so we can take them home, not for the dog, but to dump our emotional pain on our spouses, friends, or simply torture ourselves with leftover pain and suffering. The late American Poet, Maya Angelou, once said, "Pain is inevitable but suffering is optional." Let's choose to be conscious of what we hold onto and what we let go of. Let's be clear - HAPPY CHOICES LOOK DIFFERENT ON DIFFERENT DAYS! Some days, that green drink will get us on track and other days ONLY the chocolate cake will do! Some days, we need to get into the gym and other days we need to climb back into bed! Author Caroline Myss has said, "Our bodies complete our biographies." Listen to your body and lovingly respond. Be gentle with yourself, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. Connect with her at [dianalynnstone@comcast.net](mailto:dianalynnstone@comcast.net)



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# Neighborly News

## 1705 Andros

By Marilyn Stahl

Hopefully, our departing residents had a safe trip home and we look forward to their return in the Fall and before you know it...it will be Fall.

Bernie Hurowitz, our social director planned a social evening on April 23rd, where we celebrated the March and April Birthdays of our residents. He loves to party and the title fits him to a "T." The ice cream sundaes and sweet chatter were a perfect blend.

Our Lunch Bunch got together at Max's Grill. Always fun to see our neighbors and catch up on the goings on in our building.

Not too many showers in April but we do have May flowers. And Wynmoor looks beautiful with its array of colors.

May also brings Mother's Day. A wonderful day to celebrate Mothers, Grandmothers, Aunts, and Sisters. I have a double celebration this year as my birthday falls on Mother's Day. Very Happy Day for me and all who are celebrating.

May also is the month for Marilyn Johnson and Marsha Mund to have a Birthday. Good wishes for all.

The end of the month is Memorial Day. Let's not forget our Veterans who defended and fought for our country so that we could be FREE and live in this wonderful place called Wynmoor.

## 2901 Victoria Circle

By Joan Sampson

Little by little and car by car, our parking lot is losing that super-full, seasonal look as our building is suffering its summer vacation emptiness. But wasn't it a great season? And although we hate to see our snowbirds leave, at least we know they will be back! On the flip side, it won't be so horrible not to wait for seating in favorite restaurants and tickets to shows, once again, will be available.

As far as our building is concerned, we will be working on the repairs and cleaning of our first floor path and repainting of the third floor catwalk. Guess some contractors respect our properties while others don't seem to care and that's disgraceful!

Oops! I would like to apologize to one and all for assuming that Beverly Wright was active on the Relay for Life team. It was an honest mistake because Bev does so much and is so actively involved in so many things that I goofed! But she's still OUR star!

Your Board of Directors all join me in wishing all Mothers, Grandmothers

and Great-Grandmothers a joyous Mother's Day! You certainly deserve it! So, 'til next time, stay safe, keep well, be good to each other and for Heaven's sake, keep your doors locked!

## 2302 Lucaya

By Muriel Siegel

The Director of Building, 2302 Lucaya, Grady May, is an exceptional man. To thank him, we had a cocktail party and took him out to dinner. Herb Katz made all the arrangements including making wonderful champagne punch.

### Special Proclamation

We the residents of 2302 Lucaya Lane  
do solemnly declare:

**Grady May Appreciation Day, 3/19/17**

Whereas our esteemed Director has fulfilled his obligations exceptionally:

**Twit:** He insured that the painting of our building was finished only after all appropriate repairs to cracks and joins were completed – without costing extra money.

**Twit:** The landscaping of our building has been enhanced with appropriate drainage flowers and plants – without costing extra money.

**Twit:** He oversaw the reroofing of our building to make sure we got our money's worth.

**Twit:** He helped everyone who asked him whether it was condo business or not.

**Twit:** He has promised a new, properly installed driveway – without costing us extra money.

Therefore, we Thank, Admire, Honor, Appreciate,  
Like, and consider that:

**GRADY MAY is the  
Best Building Director  
in Wynmoor.**

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# Dear Dr. Joy...

By Joy Berke Sanchez, PhD

*Dear Dr. Joy,*

*My father always told me, "you pick your friends but you're stuck with your relatives." He went on to say, "if you have one good friend, you have a lot." Can you define what a "good friend" is?*

I'll begin my answer with a little story. About 40 years ago, I was having lunch with a rather prominent psychologist and his wife. He was my mentor and guide, both professionally and personally and of course, I had a great deal of respect for him. His wife mentioned the name of a famous man who had been trying to get together with him for a while and asked why he seemed to show no interest in seeing this person. The answer was, "he's one of those people who wants to hang out with me but doesn't really want to be my friend." That statement naturally led to a conversation about what it means to be a friend, how many we need, the place in our lives for interesting acquaintances, helpful neighbors and also about situational friendships.

So you ask what exactly is a friend. I don't completely agree with your father about choosing your friends. It's a lot like choosing who you fall in love with. It just isn't done. Chemistry plays much too great a role here. However, you are free to choose whether to act on your feelings or not. Your choice would be based on what characteristics are important to you. Just because you "love" someone, doesn't mean they are right for you to be with and here is where choosing is important. I can tell you what some of the criteria we discussed 40 years ago were, because I still believe them today. I think there has to be a form of platonic love, caring, honesty, support, loyalty, enjoyment, and some mutuality of values between true friends. It would be hard to put these qualifications into a hierarchy, but I think for me, loyalty would have to be first. I would need to know that my "friend" was on my side and I would need to know that I could trust that person completely. I would never expect anyone to tell me I was right when she/he believed I was wrong, but I would expect that they would say what they had to say to me privately and certainly not malign me to someone else, or in public. Being right or wrong about a certain "fact" is provable, having an opinion is personal, and it is certainly not disloyal to disagree with what our friend believes.

We all have friends of different religions, different political views and different tastes. A part of loyalty is defending our friend's right to hold these views whether we agree with them or not. I mentioned situational friendships and, very often, we confuse these with the real bond of friendship. People often come together because of a shared passion or goal. There is usually a great deal of emotion and connection within that relationship but it is really based on the temporary bond of a certain set of circumstances and not necessarily a true caring between the people involved. You can usually spot these situations because most of the energy is geared toward the mutual passion and when that either fades, or changes, there's really not much basis for the friendship

to continue. Sometimes, unfortunately, one party truly believes it was a real bond and when the focal point changes and the mutuality of the goal disappear, that person is left feeling betrayed and hurt.

Betrayal is the opposite of loyalty and is a pain that rivals grief. Actually, it is a form of grief, as it is also the loss of a loved one. The fact that it was done, often without regard or understanding of the hurt inflicted, makes it even more painful. Usually the betrayer doesn't realize what he or she is actually doing and insists that it wasn't betrayal or disloyalty. Betrayal can't be measured by the betrayer. It is a very rare person who will admit to having betrayed a friend or loved one. Everyone has excuses for what they do and no one wants to see themselves as the offender.

Friendship is very similar to a love relationship or a marriage when it comes to deep feelings of being bonded or connected. These are the people in our lives who have the power to devastate us emotionally. Since, as your father said, we chose these people, there is also the component of being angry and upset at ourselves because we made such a mistake and put our faith in the wrong person. Unrealized expectations both about ourselves and our choice of friends wreak havoc on our self-esteem and often we can't forgive ourselves as well as the "friend." But in reality, we all make mistakes about the character of those we bring into our lives and our hearts; we have all been fooled at one time or another.

We can enjoy the company of certain people and share interests with them, but to assume that they are our friends is a great leap. We can work together with people and have our personalities mesh and even find them stimulating and interesting company, but to assume that they are our friends is a great leap.

We can have helpful, friendly neighbors who will check our homes and take in a package for us and even join us for a meal, but to assume that they are our friends is a great leap. I am certainly not demeaning those relationships.

There is an important place in our lives for all types of connections but a good and true friend is a rare blessing. This person wants the absolute best for you. He or she is your advocate and really likes and respects you as well as cares deeply for you. This is the person who when he agrees with you, will fight your battles with you, as if they were his own and if he disagrees with you, will fight for your right to be who you are, and if he gives his views, will do so without attacking yours, especially in public.

Your father was right on this, if you have one such friend, you are indeed a lucky person.

*Your comments and questions are welcomed and desired. Please submit to Joyb212@aol.com*



## Miami Marlins vs. Chicago Cubs

Sunday, June 25th • Cost: \$65.00

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# THEATER Front Row Center...

By Selma Glass



How fortunate we are to enjoy this beautiful weather, perhaps the best in the country, and go to the theater not worrying about whether we would be snowed out or flooded out! Last month at Broward Center I thoroughly enjoyed "Something Rotten," a musical about Shakespeare and his rival. It had everything but the kitchen sink in it, singing, dancing, tapping, comedy, burlesque, romance, and fabulous performances! Playing now to May 7th at Broward Center is Roald Dahl's "Matilda," Time Magazine's #1 Show of the Year! These so-called 'kiddie' shows have been spectacular and thoroughly enjoyed by the adult audience as well as the children! "Mamma Mia" will be performing its farewell tour at Broward Center from May 19th - May 21st, so get your tickets now!! Call 954-462-0222.

During intermission at Broward, I decided to observe the diverse audience of all ages. I had fun seeing the varied dress codes, from hippie to evening dress, skirts so short and tight, you wondered how the ladies could sit down! And accompanied by heels that looked 10 inches high! Green hair, purple hair, orange hair, hair down to the ankles, hair so short you could hardly see it, nail polish with a different color on each finger, etc. etc. What fun! Of course, the males were dressed hardly as colorful as the gals!

The Stage Door Theater on Sample Road, is, of course an older, more conservative audience, but this older audience is a wonderful dedicated theater audience! Presently playing at the Stage Door Theater, Sample Road, Coral Springs is "Nine" until June 11th. This 5-time Tony Award winner is the story of Guido Contini, who has turned forty and faces double crises. He has to shoot a film for which he can't write the script, and his wife of twenty years, a film star, may be about to leave him if he can't pay more attention to the marriage. His wife's efforts to talk to him seem to be drowned out by voices in his head, voices that are the women Guido has loved! This was a famous movie by Federico Fellini, and a hit Broadway play starring Antonio Banderas.

Playing in Theater Two until May 28th, is "No Way To Treat A Lady," a comedy thriller. Detective Morris Brummell and actor, Christopher "Kit" Gill have much in common. Both dream of success, and both contend with overbearing mothers. Gil becomes a serial killer, who is fixated on his late mother, who had been an actress, so he preys on older women who remind him of her. He adopts various disguises, (e.g. priest, policeman, plumber, hairdresser, etc.) to gain access to them, put them at ease, and then murder them. Detective Brummell is assigned to find the murderer. This was a movie starring Rod Steiger, and then a Broadway play.

The Stage Door Theater is to be commended for their selection of plays that have not been done over and over, but are first time presentations in South Florida! Call Stage Door at 954-344-7765.

Next month, I will let you have a peek at next season's very exciting productions from Broward Center's Broadway Series and the Stage Door.

Apr. 14 - May 28, 2017 Theater 2

## NO WAY TO TREAT A LADY

A MUSICAL IN THE KEY OF MURDER

Musical

April 28 - June 11, 2017 Theater 1

## NINE

THE MUSICAL

A famous film director is suffering from a creative block and personal difficulties with his wife, mistress, the actress who serves as his muse, and his female producer in this musical adaptation of the Federico Fellini film 8½.

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WINNER! 2003 - Best Revival of a Musical

Musical

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# City Matters

By Commissioner Mikkie Belvedere

The flower for May is the delicate lily of the valley. Happy birthday and happy anniversary to all celebrating this month. A busy month ahead: May 1<sup>st</sup> is Israel's Memorial Day and on the 2<sup>nd</sup> is Israel's Independence Day. May 8<sup>th</sup> starts Women's National Lung Health Week. May 14<sup>th</sup> is Mother's Day. Also, this month we celebrate Armed Forces Day and Memorial Day. On Memorial Day, come join us at Veteran's Park and be a part of our Memorial Day observance, sponsored by the City of Coconut Creek and American Legion post 170. It is usually very well attended and a great lesson for our youth to understand that freedom is not free.



Some other interesting fun and entertainment in Coconut Creek are the wonderful restaurants and our theater at the promenade. Our bowling alley is on the north end of the city, and don't forget the restaurants and entertainment at the Seminole Casino. Another interesting place is the Paints and Cocktails, where you can enjoy painting parties for family fun or a girl's night out. We also have some great shopping places for clothes, furniture, nail salons, and many other businesses that make a community like ours, home.

Our Windmill Park has been closed for a while and will be closed for about a year. We are planning some major beautification with new greenways, better lighting, and the refurbishing of the tennis and bas-

ketball courts. The dog park will also be redesigned with larger areas for the dogs, better seating for the owners and a place to wash your pup. We are proud of our commitment to make this a grand park and we apologize for any inconvenience. When it is done, you be pleased, I am sure.

On Friday, May 12<sup>th</sup>, at 7:00 PM, come and listen to the band "Rough Shots," playing 90s rock at the Community Center Band Shell. Bring your chairs, your blankets and enjoy.

Get ready for the Senior Expo, on June 2<sup>nd</sup>, 9:30 AM-12:30 PM, also at the Community Center. Learn from vendors, get a medical screening, enjoy some refreshments and if you are lucky you could even win a prize.

Please remember to recycle. It is state law. Do not wrap your recyclables in plastic bags. Bring your papers, magazines, clean plastic bottles without the tops and rinsed soda cans. They can all go into one bin, but no pizza box with an oil stain. And **NO PLASTIC BAGS**. Empty the bags and put the bag in the garbage dumpster. If you are shredding at home, please do not put your shreadings into the recycle bin. Consider it garbage and put it in the garbage bin. Please obey the rules, and protect the environment. I thank you for being a good neighbor.

Have a great day. I can be reached at 954-803-7696. Any questions and suggestions ?? call me 7 days a week or mbelvedere@coconutcreek.net.

## The Conservative Club of Wynmoor K9 Demonstration

By Jack Mendelson

The Conservative Club of Wynmoor had a great April meeting. Two officers of the Coconut Creek Police Department K9 Unit gave a demonstration. They showed how modern police dogs are utilized. Officers, Rocco Favata and Brian Vaccali were there with their patrol dogs. They answered many good questions, demonstrated how their dogs train and how they respond to commands. The officers talked at length about several crime events here the dogs got their criminal. Police chief Butch Arenal also attended



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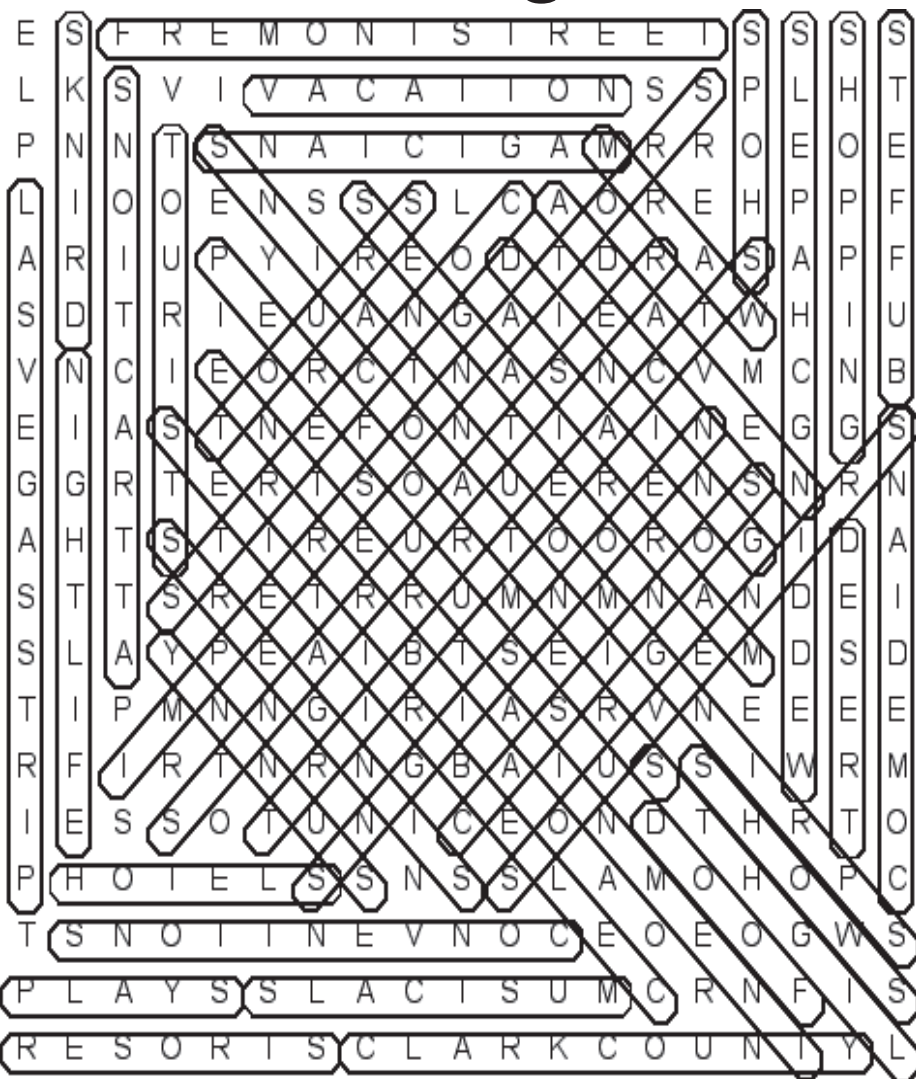
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# Puzzles and Games

Solutions from page 26

## Las Vegas



## Crossword Puzzle



## Sudoku

6	3	2	8	4	9	5	1	7
1	7	9	6	2	5	4	3	8
4	8	5	3	7	1	6	9	2
9	6	3	2	5	7	8	4	1
7	1	4	9	8	6	3	2	5
5	2	8	1	3	4	9	7	6
2	4	1	5	6	3	7	8	9
3	9	6	7	1	8	2	5	4
8	5	7	4	9	2	1	6	3



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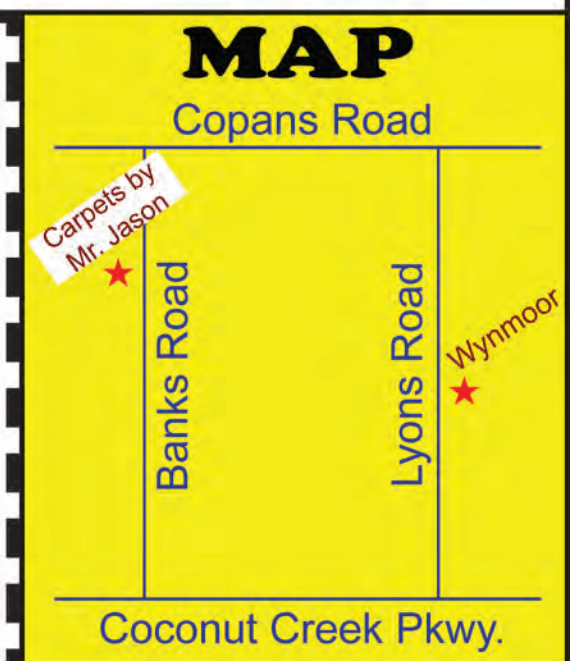
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